1  
00:00:03,100 --> 00:00:05,220  
好了，各位同学们啊  
  
2  
00:00:05,380 --> 00:00:06,100  
时候不早  
  
3  
00:00:06,340 --> 00:00:10,700  
那么咱们接着讲咱们的金匮要略啊  
  
4  
00:00:11,790 --> 00:00:13,310  
那么上一次课呢  
  
5  
00:00:13,590 --> 00:00:17,070  
咱们用了两节课啊  
  
6  
00:00:17,190 --> 00:00:19,910  
实际上就是一个单元啊  
  
7  
00:00:19,910 --> 00:00:22,200  
我们一般来说啊  
  
8  
00:00:22,200 --> 00:00:23,520  
一个单元两个学时  
  
9  
00:00:24,350 --> 00:00:29,070  
咱们把金匮要略这部书，它的来龙去脉  
  
10  
00:00:29,560 --> 00:00:33,360  
这部书主要的结构和内容，以及这部书呢  
  
11  
00:00:33,680 --> 00:00:36,720  
我们怎么去读它啊  
  
12  
00:00:36,720 --> 00:00:40,600  
那么我们做了一个大概的梗概的介绍  
  
13  
00:00:41,540 --> 00:00:41,740  
呃  
  
14  
00:00:42,060 --> 00:00:44,940  
三言两语，把前言穿个串儿  
  
15  
00:00:45,850 --> 00:00:48,650  
金匮要略这部书实际上散译已久  
  
16  
00:00:48,930 --> 00:00:51,410  
最早发现呢应该是在北宋  
  
17  
00:00:52,110 --> 00:00:54,190  
当时的一位大学士叫王朱  
  
18  
00:00:54,390 --> 00:00:57,710  
在馆阁之中找到了前朝的旧藏  
  
19  
00:00:58,270 --> 00:01:00,310  
名曰金匮御寒药略  
  
20  
00:01:00,310 --> 00:01:02,300  
方，上中下三卷  
  
21  
00:01:02,540 --> 00:01:04,660  
上卷讲伤寒，中卷讲金匮  
  
22  
00:01:04,980 --> 00:01:05,820  
下卷呢  
  
23  
00:01:06,140 --> 00:01:10,720  
为方剂从这个里头分出来之后  
  
24  
00:01:11,200 --> 00:01:12,960  
那么经历代流传  
  
25  
00:01:13,480 --> 00:01:16,120  
那么导致了一个问题啊  
  
26  
00:01:16,480 --> 00:01:18,120  
由于伤寒传承较早  
  
27  
00:01:18,360 --> 00:01:20,360  
金匮县市较晚  
  
28  
00:01:20,810 --> 00:01:25,130  
以至于后世研究金匮要略的一家  
  
29  
00:01:25,590 --> 00:01:29,070  
相对来说比伤寒要少得多啊  
  
30  
00:01:29,070 --> 00:01:30,190  
那么少之又少  
  
31  
00:01:31,230 --> 00:01:32,470  
但是金匮要略呢  
  
32  
00:01:32,550 --> 00:01:34,670  
我们说，虽然研究的人不多  
  
33  
00:01:35,230 --> 00:01:39,880  
但是啊，我们要知道它的学术价值啊  
  
34  
00:01:39,880 --> 00:01:43,400  
那么这是上次课我们跟大家具体的讲的内容  
  
35  
00:01:43,830 --> 00:01:46,630  
金匮要略一共25篇啊  
  
36  
00:01:46,630 --> 00:01:49,510  
去掉后面杂粮和尽力三篇  
  
37  
00:01:50,120 --> 00:01:53,240  
掐去前头的脏腑经络先后这么一篇  
  
38  
00:01:53,680 --> 00:01:57,360  
讲方的一共有这么21篇  
  
39  
00:01:57,860 --> 00:01:59,180  
这21篇里头呢  
  
40  
00:01:59,620 --> 00:02:00,540  
那么呃  
  
41  
00:02:00,620 --> 00:02:06,140  
他的讲的病的方式主要以内伤杂病为其主线啊  
  
42  
00:02:06,140 --> 00:02:08,060  
以这个我们之前讲啊  
  
43  
00:02:08,340 --> 00:02:10,380  
伤寒重六经之气脉  
  
44  
00:02:10,949 --> 00:02:11,830  
呃，金匮呢  
  
45  
00:02:11,910 --> 00:02:15,270  
那么他种的就是五脏之官窍啊  
  
46  
00:02:15,310 --> 00:02:19,350  
那么这个就是我们从今天开始要给大家聊的内涵  
  
47  
00:02:20,500 --> 00:02:20,700  
呃  
  
48  
00:02:20,780 --> 00:02:25,280  
咱们今天呢要给大家讲的这个篇目，称之为啊  
  
49  
00:02:25,320 --> 00:02:30,680  
我们看到这个大家手里都有这个金匮要略的本子啊  
  
50  
00:02:30,680 --> 00:02:31,520  
那么就是  
  
51  
00:02:33,320 --> 00:02:36,760  
脏腑经络先后病脉证第一  
  
52  
00:02:38,230 --> 00:02:40,030  
呃，论13首对吧  
  
53  
00:02:40,030 --> 00:02:42,830  
它里头一共有这么13条，呃  
  
54  
00:02:44,000 --> 00:02:44,760  
这种论述  
  
55  
00:02:46,340 --> 00:02:46,540  
呃  
  
56  
00:02:46,940 --> 00:02:48,580  
那么在古人写书呢  
  
57  
00:02:48,580 --> 00:02:51,700  
他都要在开篇的时候写这么一个说明  
  
58  
00:02:51,980 --> 00:02:54,420  
到我们今天你看很多书籍  
  
59  
00:02:54,950 --> 00:02:57,350  
他也要给你加一个反例啊  
  
60  
00:02:57,350 --> 00:02:58,070  
什么意思呢  
  
61  
00:02:58,310 --> 00:02:59,350  
什么叫凡例呢  
  
62  
00:02:59,630 --> 00:03:02,550  
就是用我们东北话就是打个样，对吧  
  
63  
00:03:02,890 --> 00:03:04,130  
那先给你举个例子  
  
64  
00:03:04,130 --> 00:03:09,130  
那么我们后面的内容按照怎样的一个思路去捋它  
  
65  
00:03:10,360 --> 00:03:10,600  
呃  
  
66  
00:03:11,160 --> 00:03:13,560  
那么这个一开始呢  
  
67  
00:03:15,290 --> 00:03:16,610  
他就切入了啊  
  
68  
00:03:16,690 --> 00:03:17,490  
切进来啊  
  
69  
00:03:17,490 --> 00:03:18,410  
我看第一条  
  
70  
00:03:19,770 --> 00:03:20,250  
问曰  
  
71  
00:03:21,330 --> 00:03:23,330  
上工治未病，何也  
  
72  
00:03:24,650 --> 00:03:25,610  
那么讲到这个呢  
  
73  
00:03:25,610 --> 00:03:27,530  
就出来一个一个词  
  
74  
00:03:34,420 --> 00:03:37,220  
上攻后面就是一个  
  
75  
00:03:46,200 --> 00:03:46,680  
数学病  
  
76  
00:03:46,800 --> 00:03:47,920  
这是俩概念，对吧  
  
77  
00:03:49,080 --> 00:03:51,120  
那么关于什么是上宫，什么是中宫  
  
78  
00:03:51,160 --> 00:03:51,960  
什么是下宫  
  
79  
00:03:51,960 --> 00:03:54,210  
我们讲中医作为一个行业  
  
80  
00:03:54,290 --> 00:03:58,250  
它也自有它的行业的界定的标准啊  
  
81  
00:03:58,770 --> 00:04:00,250  
那么从这个角度来说呢  
  
82  
00:04:00,900 --> 00:04:03,580  
呃，古人的说法就比较有意思了  
  
83  
00:04:03,580 --> 00:04:05,340  
就是他的治愈率的问题，对吧  
  
84  
00:04:05,740 --> 00:04:08,420  
那么是这个这个上攻中宫下宫  
  
85  
00:04:08,500 --> 00:04:12,570  
他的治愈率可能你是90%啊，还是70%啊  
  
86  
00:04:12,570 --> 00:04:13,970  
还是50%不到啊  
  
87  
00:04:14,490 --> 00:04:17,810  
那么以这个来来论啊，呃  
  
88  
00:04:18,290 --> 00:04:21,709  
但是咱们这句话，他首先就说一个事  
  
89  
00:04:21,950 --> 00:04:24,070  
叫什么叫上工治未病  
  
90  
00:04:24,980 --> 00:04:26,300  
呃，这个概念呢  
  
91  
00:04:26,420 --> 00:04:29,530  
在我们今天这个传承，呃  
  
92  
00:04:29,810 --> 00:04:33,290  
一般来说有两个认知啊  
  
93  
00:04:33,890 --> 00:04:37,010  
那么这就是首先我们要谈的谈金贵  
  
94  
00:04:37,010 --> 00:04:39,530  
首先第一个你就要谈治未病，呃  
  
95  
00:04:39,530 --> 00:04:43,810  
这也是我在门诊上每天都跟同学们在聊的事啊  
  
96  
00:04:43,810 --> 00:04:45,810  
每天都聊呃疗治胃病  
  
97  
00:04:46,370 --> 00:04:46,570  
呃  
  
98  
00:04:46,970 --> 00:04:49,520  
那么我们通常认知啊  
  
99  
00:04:49,560 --> 00:04:51,880  
咱们现在有好多治未病中心，对吧  
  
100  
00:04:52,320 --> 00:04:53,000  
就什么意思呢  
  
101  
00:04:53,000 --> 00:04:54,160  
就是预防医学啊  
  
102  
00:04:54,480 --> 00:04:55,590  
首先，呃  
  
103  
00:04:55,950 --> 00:04:58,790  
有很多观点认为治未病就是预防  
  
104  
00:04:59,510 --> 00:05:00,470  
呃，这个观点呢  
  
105  
00:05:00,470 --> 00:05:03,350  
我个人啊，觉得不尽然啊  
  
106  
00:05:03,350 --> 00:05:04,310  
为什么那么说呢  
  
107  
00:05:05,150 --> 00:05:05,870  
打个比方  
  
108  
00:05:06,910 --> 00:05:07,110  
嗯  
  
109  
00:05:07,230 --> 00:05:08,790  
我们都学学医生对吧  
  
110  
00:05:09,710 --> 00:05:12,890  
那么你到马路上这个做好事啊  
  
111  
00:05:13,290 --> 00:05:15,650  
看着街头上大爷大娘啊  
  
112  
00:05:15,650 --> 00:05:17,690  
你就过去非常主动啊  
  
113  
00:05:17,690 --> 00:05:19,090  
说我给你治治胃病吧  
  
114  
00:05:19,900 --> 00:05:22,220  
那么现在你你敢这么弄吗  
  
115  
00:05:22,220 --> 00:05:22,900  
对吧  
  
116  
00:05:23,690 --> 00:05:27,610  
人不得以为你是你是卖卖假药的还是干什么的，对吧  
  
117  
00:05:27,650 --> 00:05:30,530  
圈钱的这个不是那么回事  
  
118  
00:05:30,930 --> 00:05:34,330  
但是在临床上，作为一个临床医生  
  
119  
00:05:34,410 --> 00:05:35,250  
我个人呢  
  
120  
00:05:35,250 --> 00:05:40,780  
又真的深切的就是甚至是很很痛惜的体会到一个问题  
  
121  
00:05:41,020 --> 00:05:42,500  
就是预防的重要性  
  
122  
00:05:42,940 --> 00:05:44,140  
呃，在我们门诊上呢  
  
123  
00:05:44,140 --> 00:05:47,260  
那么有每天几乎就是2/3的患者吧  
  
124  
00:05:47,620 --> 00:05:50,900  
2/3以上啊，这个恶性肿瘤病人  
  
125  
00:05:51,660 --> 00:05:51,940  
呃  
  
126  
00:05:52,810 --> 00:05:55,570  
那么咱首先不是搞肿瘤病专科，对吧  
  
127  
00:05:55,650 --> 00:05:58,690  
那么这个我我也从来没说过要搞这个专病  
  
128  
00:05:59,020 --> 00:06:00,500  
但是这类患者呢  
  
129  
00:06:00,500 --> 00:06:01,540  
你拦不住他啊  
  
130  
00:06:01,540 --> 00:06:03,130  
他就就是来，呃  
  
131  
00:06:03,130 --> 00:06:04,330  
而且来的很多啊  
  
132  
00:06:04,330 --> 00:06:06,050  
越来越重都是这样  
  
133  
00:06:06,050 --> 00:06:07,970  
各种奇形怪状的你都能看见啊  
  
134  
00:06:08,490 --> 00:06:11,930  
那这种时候我有时候就很很很真的很痛心  
  
135  
00:06:11,930 --> 00:06:15,290  
因为你看他得病的时候你又帮不上，有很多时候啊  
  
136  
00:06:16,070 --> 00:06:17,550  
呃，真的非常痛心  
  
137  
00:06:17,550 --> 00:06:18,430  
我就在想啊  
  
138  
00:06:18,430 --> 00:06:22,350  
他为什么不在尚可一战的时候对吧  
  
139  
00:06:22,350 --> 00:06:24,030  
或者是还比较比较轻的时候  
  
140  
00:06:24,030 --> 00:06:25,510  
你你来为什么来得这么晚  
  
141  
00:06:26,030 --> 00:06:26,270  
哦  
  
142  
00:06:26,270 --> 00:06:27,750  
经常有这种感叹  
  
143  
00:06:28,150 --> 00:06:28,990  
所以这个呢  
  
144  
00:06:29,470 --> 00:06:31,310  
呃，我们说不得不说啊  
  
145  
00:06:31,310 --> 00:06:34,670  
黄帝内经讲这个壳而穿井斗而铸锥，对吧  
  
146  
00:06:34,790 --> 00:06:37,150  
有时候我自己给自己心理开脱啊  
  
147  
00:06:37,150 --> 00:06:38,950  
我一看这个病，一大麦想  
  
148  
00:06:38,950 --> 00:06:39,790  
哎呀，治不了了  
  
149  
00:06:40,750 --> 00:06:42,430  
呃，上个月还有这样的事呢吗  
  
150  
00:06:42,430 --> 00:06:44,510  
这个我给患者一搭脉，呃  
  
151  
00:06:44,830 --> 00:06:46,310  
就就上周门诊的时候  
  
152  
00:06:46,670 --> 00:06:49,590  
这个有患者这个坐在这就就哭了  
  
153  
00:06:49,590 --> 00:06:52,190  
说我们那个跟他一块来，一患者说没了  
  
154  
00:06:52,610 --> 00:06:55,570  
呃，说他刚来的时候在你这三个月对吧  
  
155  
00:06:55,650 --> 00:06:59,690  
刚来的时候呃你就说了，说治不了  
  
156  
00:06:59,730 --> 00:07:00,730  
他这个肯定不行  
  
157  
00:07:01,330 --> 00:07:01,650  
呃  
  
158  
00:07:02,440 --> 00:07:06,200  
我这人吧，说话一般来说嘴不黑啊  
  
159  
00:07:06,200 --> 00:07:07,160  
我跟患者呢  
  
160  
00:07:07,400 --> 00:07:09,080  
从来我跟患者没当面说过  
  
161  
00:07:09,080 --> 00:07:10,240  
我说你这病我治不了  
  
162  
00:07:10,360 --> 00:07:11,520  
从来没有呃  
  
163  
00:07:11,560 --> 00:07:13,240  
但是呢，咱们当医生啊  
  
164  
00:07:13,400 --> 00:07:16,820  
我认为呃，作为一个心智成熟的医生  
  
165  
00:07:16,860 --> 00:07:19,540  
你对患者的死亡是要有预见的啊  
  
166  
00:07:19,580 --> 00:07:21,060  
你你你要能知道这个事  
  
167  
00:07:21,060 --> 00:07:22,100  
儿呃  
  
168  
00:07:22,640 --> 00:07:23,640  
当然前提呢  
  
169  
00:07:24,280 --> 00:07:26,200  
呃，你是能准确预见啊  
  
170  
00:07:26,200 --> 00:07:27,480  
你别说冒蒙  
  
171  
00:07:27,480 --> 00:07:29,240  
你看这人重啊  
  
172  
00:07:30,760 --> 00:07:32,400  
病退患者，留下家属  
  
173  
00:07:32,920 --> 00:07:34,960  
你们家老爷子准备一下吧啊  
  
174  
00:07:35,000 --> 00:07:36,440  
结果人又活10年啊  
  
175  
00:07:36,720 --> 00:07:38,080  
你这就是缺德了对吧  
  
176  
00:07:38,080 --> 00:07:39,950  
咱们得搞得明白啊  
  
177  
00:07:39,950 --> 00:07:42,190  
他这东西你得来龙去脉，说得一清二楚  
  
178  
00:07:42,510 --> 00:07:45,550  
那么这个时候你确实看到他这坎过不去，好了  
  
179  
00:07:46,160 --> 00:07:48,760  
这时候你跟患者你就啥好听说啥啊  
  
180  
00:07:48,760 --> 00:07:51,160  
你没事儿没事儿回家，该吃什么吃什么  
  
181  
00:07:51,280 --> 00:07:54,720  
大夫忌口不用进，我在门诊上真是呃  
  
182  
00:07:54,720 --> 00:07:56,960  
我要跟谁说不用忌口的时候，那就害怕了啊  
  
183  
00:07:57,280 --> 00:07:58,840  
那就害怕了，呃  
  
184  
00:07:59,760 --> 00:08:02,220  
之后走了之后啊  
  
185  
00:08:02,220 --> 00:08:03,940  
家属有的有，真有那样的啊  
  
186  
00:08:03,940 --> 00:08:04,980  
还糊涂啊  
  
187  
00:08:04,980 --> 00:08:07,940  
转身跟着患者走，我马上派学生撵回来啊  
  
188  
00:08:08,180 --> 00:08:10,100  
撵回来，你知道你爸爸什么病吗  
  
189  
00:08:10,100 --> 00:08:11,270  
对吧，啊  
  
190  
00:08:11,350 --> 00:08:14,590  
去没去过，省肿瘤到没到过医大跟你说没说没说交没交代  
  
191  
00:08:14,790 --> 00:08:16,350  
你自己知不知道是怎么回事  
  
192  
00:08:16,510 --> 00:08:18,270  
好了说了，那我也告诉你啊  
  
193  
00:08:18,510 --> 00:08:19,910  
过不了一个月啊  
  
194  
00:08:20,170 --> 00:08:21,970  
过不了一个月啊  
  
195  
00:08:22,050 --> 00:08:23,770  
或者顶天三个月啊  
  
196  
00:08:23,810 --> 00:08:27,690  
那这么说的时候是跟患者家属说，不是跟患者讲  
  
197  
00:08:28,180 --> 00:08:30,100  
那么这个我们讲叫已病啊  
  
198  
00:08:30,500 --> 00:08:34,700  
那么上工治未病整合第一层含义就是你病不要到了  
  
199  
00:08:34,700 --> 00:08:36,419  
已经病入膏肓  
  
200  
00:08:37,159 --> 00:08:41,559  
虽和缓，亦无忌视从的时候就你你你何苦呢  
  
201  
00:08:41,559 --> 00:08:41,919  
对吧  
  
202  
00:08:42,500 --> 00:08:42,700  
哎  
  
203  
00:08:43,179 --> 00:08:45,860  
但是从我们医疗操作层面啊  
  
204  
00:08:45,900 --> 00:08:49,060  
我们讲更多的上宫之位病说的什么  
  
205  
00:08:49,060 --> 00:08:52,740  
就是眼下金匮要略的这个第一条啊  
  
206  
00:08:52,820 --> 00:08:57,390  
就是眼下他不是说这个人他健康的时候  
  
207  
00:08:57,390 --> 00:08:59,710  
或者说他病刚刚很轻，对吧  
  
208  
00:09:00,190 --> 00:09:01,190  
其病在皮凑  
  
209  
00:09:01,270 --> 00:09:02,270  
不是不是那个概念  
  
210  
00:09:02,510 --> 00:09:03,430  
他讲什么呢  
  
211  
00:09:04,440 --> 00:09:05,520  
就这句话啊  
  
212  
00:09:06,200 --> 00:09:07,160  
见肝之病  
  
213  
00:09:08,150 --> 00:09:09,350  
知肝传脾  
  
214  
00:09:09,470 --> 00:09:10,390  
然后怎么着呢  
  
215  
00:09:10,910 --> 00:09:13,150  
当先实脾哎，完事了  
  
216  
00:09:13,630 --> 00:09:17,380  
这句话是这个条文里头的一个金句啊  
  
217  
00:09:17,380 --> 00:09:17,980  
一个间距  
  
218  
00:09:18,470 --> 00:09:19,630  
呃，后头呢  
  
219  
00:09:19,790 --> 00:09:23,430  
其实他用了大篇幅反反复复  
  
220  
00:09:23,750 --> 00:09:27,670  
都是在论证当先食品的合理性啊  
  
221  
00:09:28,270 --> 00:09:33,680  
以及中间隐藏着一套临证处方用药的具体的技术  
  
222  
00:09:33,760 --> 00:09:34,640  
这个技术呢  
  
223  
00:09:34,920 --> 00:09:36,920  
那么这堂课就给大家都教会啊  
  
224  
00:09:37,600 --> 00:09:41,560  
那么你要是以前不会瞬间提高提高你的战斗力啊  
  
225  
00:09:41,820 --> 00:09:44,900  
就是金贵的东西有这么一个特点拿来就能用对吧  
  
226  
00:09:45,260 --> 00:09:46,020  
金桂很多方  
  
227  
00:09:46,100 --> 00:09:49,790  
像上次我说的伤寒叫六经本易经  
  
228  
00:09:49,790 --> 00:09:51,870  
六气本一气，六经前百病  
  
229  
00:09:52,940 --> 00:09:55,060  
就是以一统之大道至简  
  
230  
00:09:55,420 --> 00:09:58,580  
但是他的缺点就是一根钢丝上  
  
231  
00:09:58,620 --> 00:10:00,300  
你要没练过你真过不去  
  
232  
00:10:01,040 --> 00:10:04,200  
金贵的难处在于它特别杂  
  
233  
00:10:04,860 --> 00:10:06,780  
很多东西甚至杂而无当  
  
234  
00:10:06,780 --> 00:10:08,420  
这头讲完黄疸，那头变了  
  
235  
00:10:08,420 --> 00:10:11,130  
这个呕吐下利，你无所适从  
  
236  
00:10:11,330 --> 00:10:14,250  
但是它好处就是一个坑一个萝卜啊  
  
237  
00:10:15,200 --> 00:10:16,120  
就甚至你看  
  
238  
00:10:16,280 --> 00:10:20,680  
金匮里面有大量的关于某一个方的脉象的描述  
  
239  
00:10:20,900 --> 00:10:23,460  
这个是金贵的一个重要的学术特点啊  
  
240  
00:10:23,700 --> 00:10:23,900  
那么  
  
241  
00:10:23,900 --> 00:10:26,340  
这个是你可以非常在临证上确切的  
  
242  
00:10:26,340 --> 00:10:29,460  
你几乎是看完了之后拿回来就能用啊  
  
243  
00:10:29,460 --> 00:10:30,420  
这是金贵的好处  
  
244  
00:10:30,980 --> 00:10:34,360  
那么这个就是呃他论证这么一个问题啊  
  
245  
00:10:35,480 --> 00:10:36,800  
呃，首先就说这么一个事  
  
246  
00:10:36,880 --> 00:10:40,160  
呃，叫当先食脾之后四季脾旺啊  
  
247  
00:10:40,160 --> 00:10:41,640  
这个我们叫不读王对吧  
  
248  
00:10:41,760 --> 00:10:42,920  
旺就是旺盛的意思  
  
249  
00:10:43,240 --> 00:10:43,960  
不受邪  
  
250  
00:10:46,030 --> 00:10:47,150  
机务补是什么意思啊  
  
251  
00:10:47,150 --> 00:10:48,390  
这个你不要过度解读  
  
252  
00:10:48,690 --> 00:10:51,130  
他的意思就是见肝之病，知肝传脾吧  
  
253  
00:10:51,330 --> 00:10:51,850  
当食品  
  
254  
00:10:51,850 --> 00:10:55,010  
那你看到这个肝病的病人来了一摸，哎  
  
255  
00:10:55,010 --> 00:10:56,490  
脾脉很充盛，有根啊  
  
256  
00:10:56,690 --> 00:10:58,860  
那老师这个时候你用不用再识别  
  
257  
00:10:58,860 --> 00:11:01,500  
老师问烦了，老师就把这写上了  
  
258  
00:11:01,620 --> 00:11:03,850  
就告诉你，你就灵活啊  
  
259  
00:11:03,850 --> 00:11:06,210  
你见着他脾不虚，你就不用再补了  
  
260  
00:11:06,410 --> 00:11:08,890  
为什么虚虚实实之戒啊  
  
261  
00:11:09,640 --> 00:11:11,200  
这东西就是老师的意思  
  
262  
00:11:11,200 --> 00:11:12,560  
就是这东西不用我教了啊  
  
263  
00:11:12,560 --> 00:11:14,490  
我告诉你，实我  
  
264  
00:11:14,490 --> 00:11:16,010  
我之所以告诉你实脾  
  
265  
00:11:16,010 --> 00:11:18,850  
是因为防止它脾虚啊  
  
266  
00:11:19,330 --> 00:11:20,250  
说这时候不用  
  
267  
00:11:20,940 --> 00:11:23,540  
呃，之后就说了一个非常重要的事啊  
  
268  
00:11:23,540 --> 00:11:25,380  
这个就非常非常的有意思  
  
269  
00:11:25,580 --> 00:11:27,140  
叫中宫不小相传  
  
270  
00:11:28,910 --> 00:11:30,470  
那问了什么是上攻  
  
271  
00:11:30,670 --> 00:11:31,630  
什么是中宫啊  
  
272  
00:11:32,920 --> 00:11:34,880  
在这同学们  
  
273  
00:11:35,640 --> 00:11:38,800  
我们呃，在座的我的学生啊  
  
274  
00:11:38,800 --> 00:11:41,160  
有好多也都是上了临床了啊  
  
275  
00:11:41,840 --> 00:11:42,160  
呃  
  
276  
00:11:43,130 --> 00:11:45,770  
也都是这个，这个包括我们在座的一些同人啊  
  
277  
00:11:45,770 --> 00:11:47,070  
同道，呃  
  
278  
00:11:47,470 --> 00:11:49,950  
有好多在临床上已经卓有建树  
  
279  
00:11:50,470 --> 00:11:51,670  
那么我们扪心自问  
  
280  
00:11:52,150 --> 00:11:53,710  
咱们自己是上攻还是中宫  
  
281  
00:11:54,560 --> 00:11:57,840  
那么如果你有志向做一个上攻的话  
  
282  
00:11:58,120 --> 00:11:59,600  
那么我们自己拍拍脑门  
  
283  
00:12:00,120 --> 00:12:02,400  
我们做到小香船了吗  
  
284  
00:12:03,420 --> 00:12:05,940  
因为我们看病的时候，人的认知啊  
  
285  
00:12:05,980 --> 00:12:06,460  
结构  
  
286  
00:12:06,820 --> 00:12:11,260  
他的本能是非常习惯看到这个当下直观的东西  
  
287  
00:12:11,260 --> 00:12:11,580  
对吧  
  
288  
00:12:11,820 --> 00:12:12,820  
比如心脏病来了  
  
289  
00:12:12,820 --> 00:12:12,980  
哎  
  
290  
00:12:13,260 --> 00:12:14,380  
心脏病用哪个方啊  
  
291  
00:12:14,380 --> 00:12:15,380  
我就跟他去对峙  
  
292  
00:12:15,780 --> 00:12:17,780  
但是我们有没有考虑过一个问题  
  
293  
00:12:18,180 --> 00:12:22,250  
见到心脏的时候，那么心以火为罚用对吧  
  
294  
00:12:22,610 --> 00:12:24,530  
那么火必然与金相请客  
  
295  
00:12:24,770 --> 00:12:26,570  
我们考虑肺的事了吗  
  
296  
00:12:28,240 --> 00:12:31,000  
有的时候其实这些东西中西医都是相通的  
  
297  
00:12:31,280 --> 00:12:33,200  
我们现在临床上这种病叫肺心病  
  
298  
00:12:34,200 --> 00:12:37,160  
那么心脏可不可以导致呼吸系统的问题呢  
  
299  
00:12:37,800 --> 00:12:39,520  
那么反之，我们再说一个事  
  
300  
00:12:39,800 --> 00:12:40,240  
肺病  
  
301  
00:12:40,720 --> 00:12:43,200  
那么这个肺金行克肝木  
  
302  
00:12:43,400 --> 00:12:48,560  
它能不能导致肝脏出现问题呢  
  
303  
00:12:50,030 --> 00:12:52,350  
那么其实这个就是我们作为一个思考啊  
  
304  
00:12:52,430 --> 00:12:54,310  
这是金匮要略，开卷有益  
  
305  
00:12:54,390 --> 00:12:56,470  
送给我们第一份大礼啊  
  
306  
00:12:56,790 --> 00:12:59,140  
我们既然要做上公啊  
  
307  
00:12:59,220 --> 00:13:01,780  
那么不想当将军的士兵不是好士兵啊  
  
308  
00:13:01,780 --> 00:13:03,220  
我们都得有这个志向  
  
309  
00:13:03,700 --> 00:13:03,900  
呃  
  
310  
00:13:04,180 --> 00:13:07,740  
想做善功，想去我们去整衰就困  
  
311  
00:13:08,140 --> 00:13:10,140  
那么我们就要学一身好好医术  
  
312  
00:13:10,420 --> 00:13:12,340  
那么我们就得考虑这个问题  
  
313  
00:13:12,910 --> 00:13:15,470  
疾病，我过去经常跟我的学生讲这么一句话  
  
314  
00:13:15,470 --> 00:13:17,670  
在临床上我经常跟他们说这话  
  
315  
00:13:17,670 --> 00:13:19,910  
我老说老说他们耳朵都听出茧子来了  
  
316  
00:13:20,260 --> 00:13:23,580  
我说什么时候你看到这张方开好了之后放在这啊  
  
317  
00:13:23,940 --> 00:13:25,340  
这张方它动起来了  
  
318  
00:13:25,540 --> 00:13:27,020  
那你学的就有点意思了  
  
319  
00:13:28,350 --> 00:13:28,870  
总说吧  
  
320  
00:13:29,270 --> 00:13:30,470  
那我这话什么意思啊  
  
321  
00:13:31,690 --> 00:13:36,490  
没有生克，没有质化没有抗害惩治它就动不起来  
  
322  
00:13:37,260 --> 00:13:37,900  
就这么一个事  
  
323  
00:13:37,900 --> 00:13:38,900  
儿，打个比方  
  
324  
00:13:39,220 --> 00:13:41,580  
诸葛亮，当年孔明啊  
  
325  
00:13:41,740 --> 00:13:43,460  
用兵在哪啊  
  
326  
00:13:43,980 --> 00:13:45,260  
他埋伏了一哨人马  
  
327  
00:13:45,260 --> 00:13:46,940  
你看他这号人马在这呆着  
  
328  
00:13:47,460 --> 00:13:48,940  
他不是坐着吃闲饭的  
  
329  
00:13:49,560 --> 00:13:51,120  
你等到仗一打起来  
  
330  
00:13:51,800 --> 00:13:54,280  
对方的这个这个溃兵  
  
331  
00:13:54,440 --> 00:13:55,680  
从这儿退下来的时候  
  
332  
00:13:55,800 --> 00:13:57,960  
这一哨人马他就动了啊  
  
333  
00:13:58,870 --> 00:14:00,150  
大家明白这个意思啊  
  
334  
00:14:00,350 --> 00:14:03,390  
那么疾病我们要用一个动态的眼光去看，它  
  
335  
00:14:03,390 --> 00:14:04,150  
不是静止的  
  
336  
00:14:04,430 --> 00:14:06,590  
我们说这个东西啊  
  
337  
00:14:06,890 --> 00:14:07,810  
如同说法  
  
338  
00:14:08,720 --> 00:14:10,760  
都是什么比喻啊  
  
339  
00:14:10,800 --> 00:14:11,400  
都是比喻  
  
340  
00:14:11,560 --> 00:14:12,360  
人是动的  
  
341  
00:14:12,480 --> 00:14:13,440  
人不是静的啊  
  
342  
00:14:14,040 --> 00:14:18,190  
那么这个就是古人讲的，叫履霜坚冰至啊  
  
343  
00:14:18,190 --> 00:14:19,350  
你看到这个下霜了  
  
344  
00:14:19,350 --> 00:14:21,830  
你就要知道，咱别坐在这看夕阳景了  
  
345  
00:14:21,830 --> 00:14:23,470  
那马上下一步要怎么着，对吧  
  
346  
00:14:23,830 --> 00:14:24,790  
心里有数啊  
  
347  
00:14:26,410 --> 00:14:27,250  
那么后头呢  
  
348  
00:14:27,330 --> 00:14:28,450  
这讲了一个事啊  
  
349  
00:14:28,450 --> 00:14:29,290  
就是说中宫呢  
  
350  
00:14:29,290 --> 00:14:31,170  
他就不知道这事，就治肝  
  
351  
00:14:31,490 --> 00:14:32,610  
奔着肝玩命治  
  
352  
00:14:33,180 --> 00:14:35,380  
呃，但其实这个里头还有深意  
  
353  
00:14:35,420 --> 00:14:36,260  
深意在哪啊  
  
354  
00:14:36,260 --> 00:14:39,380  
在下头这句话，复肝治病这句话  
  
355  
00:14:39,380 --> 00:14:43,020  
就这个里头信息量就大了啊，呃  
  
356  
00:14:43,020 --> 00:14:44,780  
我在临床上也长期的用啊  
  
357  
00:14:44,780 --> 00:14:46,660  
就用它这个方法，效果非常好  
  
358  
00:14:47,090 --> 00:14:50,210  
叫什么甘治病补用酸助，用焦苦  
  
359  
00:14:50,210 --> 00:14:51,410  
益用甘味之药  
  
360  
00:14:51,490 --> 00:14:52,810  
调之啥意思啊  
  
361  
00:14:53,210 --> 00:14:56,410  
在这是借杆给你打开一个模型啊这  
  
362  
00:14:56,410 --> 00:15:00,310  
我在门诊上我就这么用方，酸为甘之体  
  
363  
00:15:00,310 --> 00:15:00,670  
对吧  
  
364  
00:15:00,950 --> 00:15:01,510  
甘之味  
  
365  
00:15:01,550 --> 00:15:03,830  
那么我要补肝的话，用酸味对吧  
  
366  
00:15:04,030 --> 00:15:05,460  
比如乌梅啊  
  
367  
00:15:05,660 --> 00:15:06,460  
酸脸的芍药  
  
368  
00:15:06,540 --> 00:15:08,020  
五味子，枣仁等等啊  
  
369  
00:15:08,500 --> 00:15:10,100  
那么用下去之后好了  
  
370  
00:15:10,260 --> 00:15:11,740  
那这个有前提  
  
371  
00:15:11,740 --> 00:15:14,220  
他一定这个干脉，你摸它是虚的还是实的  
  
372  
00:15:14,220 --> 00:15:17,980  
同学们，你一定要知道这个钱它是虚的还是实的  
  
373  
00:15:18,100 --> 00:15:19,700  
虚的他一定干体是虚的  
  
374  
00:15:19,700 --> 00:15:20,660  
该实行不行  
  
375  
00:15:21,560 --> 00:15:22,200  
绝对不行  
  
376  
00:15:22,200 --> 00:15:22,800  
为啥不行  
  
377  
00:15:23,040 --> 00:15:24,040  
实时之介对吧  
  
378  
00:15:24,120 --> 00:15:25,880  
那你用了那就有问题了  
  
379  
00:15:26,400 --> 00:15:27,320  
那么一定是虚像  
  
380  
00:15:27,800 --> 00:15:32,580  
虚像的时候，你就不要光是一个酸枣仁儿啊  
  
381  
00:15:33,500 --> 00:15:37,150  
还得加上谁苦和甘两个味道  
  
382  
00:15:37,790 --> 00:15:38,550  
道理何在  
  
383  
00:15:38,710 --> 00:15:40,270  
这个就是讲他的道理  
  
384  
00:15:41,330 --> 00:15:43,770  
呃，这就是我们中医方的伟大之处啊  
  
385  
00:15:44,340 --> 00:15:46,700  
那么其实我们这一堂课说句实话  
  
386  
00:15:47,060 --> 00:15:48,740  
能把这一个事讲明白了  
  
387  
00:15:49,180 --> 00:15:50,260  
咱们都得了啊  
  
388  
00:15:50,580 --> 00:15:51,580  
就说这事啊  
  
389  
00:15:52,670 --> 00:15:53,750  
治未病，治未病呢  
  
390  
00:15:54,110 --> 00:15:58,150  
古人是从药到方  
  
391  
00:15:59,340 --> 00:16:00,100  
那这个药啊  
  
392  
00:16:00,260 --> 00:16:01,140  
其实说白了  
  
393  
00:16:01,700 --> 00:16:04,260  
医理通于兵法，都是古代术数的  
  
394  
00:16:04,420 --> 00:16:05,620  
这个这个演化  
  
395  
00:16:06,170 --> 00:16:09,090  
呃药如冰，那方则如什么东西呢  
  
396  
00:16:09,810 --> 00:16:10,370  
如镇  
  
397  
00:16:11,870 --> 00:16:12,830  
光泽如震啊  
  
398  
00:16:14,310 --> 00:16:15,270  
我们讲说这个  
  
399  
00:16:16,630 --> 00:16:16,910  
呃  
  
400  
00:16:18,220 --> 00:16:20,300  
镇是不是等于就是兵  
  
401  
00:16:21,380 --> 00:16:22,620  
兵多就是镇啊  
  
402  
00:16:22,990 --> 00:16:24,190  
他不是那样啊  
  
403  
00:16:24,190 --> 00:16:24,990  
那叫打群架  
  
404  
00:16:25,490 --> 00:16:27,210  
我们讲古代，你看啊  
  
405  
00:16:27,210 --> 00:16:28,770  
叫阵中之兵，以一当百  
  
406  
00:16:28,930 --> 00:16:31,450  
它其实是一种能量的优化配置  
  
407  
00:16:31,970 --> 00:16:34,600  
就是1+1，最后是大于二啊  
  
408  
00:16:34,640 --> 00:16:37,160  
不是1+1=2，这个很有意思  
  
409  
00:16:37,160 --> 00:16:38,680  
就这种例子比比皆是嘛  
  
410  
00:16:38,680 --> 00:16:40,560  
你比如说我们桂枝甘草汤，对吧  
  
411  
00:16:40,830 --> 00:16:41,030  
哎  
  
412  
00:16:41,070 --> 00:16:44,550  
桂桂枝本身母桂味辛温，主上气可逆啊  
  
413  
00:16:44,550 --> 00:16:46,110  
它能能能治这个冲脉  
  
414  
00:16:46,570 --> 00:16:47,610  
呃，甘草呢  
  
415  
00:16:47,610 --> 00:16:49,530  
本身这个主五脏六腑还是节气  
  
416  
00:16:49,740 --> 00:16:52,900  
但是他俩加一块辛味的桂枝甘味的甘草  
  
417  
00:16:53,140 --> 00:16:54,340  
辛甘就变成了什么  
  
418  
00:16:54,340 --> 00:16:55,180  
变成心肝华阳  
  
419  
00:16:55,420 --> 00:16:57,020  
它能治什么发汗  
  
420  
00:16:57,660 --> 00:17:00,000  
这人方案太过叉手自冒心啊  
  
421  
00:17:00,000 --> 00:17:01,800  
辛夏季遇得安，心气不足了  
  
422  
00:17:01,960 --> 00:17:03,600  
这是最简单的一个心肝化阳  
  
423  
00:17:04,000 --> 00:17:05,599  
在我们沙论中比比皆是啊  
  
424  
00:17:05,640 --> 00:17:06,119  
比比皆是  
  
425  
00:17:06,119 --> 00:17:07,000  
拿来举一例子  
  
426  
00:17:07,040 --> 00:17:08,040  
金贵也是一样  
  
427  
00:17:08,270 --> 00:17:08,470  
呃  
  
428  
00:17:08,470 --> 00:17:09,950  
咱们后头治肺痿  
  
429  
00:17:10,109 --> 00:17:11,470  
有一张甘草干姜汤  
  
430  
00:17:11,829 --> 00:17:14,550  
它跟伤寒的甘草干姜汤它就不一样  
  
431  
00:17:14,829 --> 00:17:15,270  
差在哪  
  
432  
00:17:15,270 --> 00:17:17,030  
儿，这个你仔细读的  
  
433  
00:17:17,030 --> 00:17:18,390  
你发现他用的是泡姜  
  
434  
00:17:19,220 --> 00:17:20,020  
它不是干姜  
  
435  
00:17:20,460 --> 00:17:20,660  
哎  
  
436  
00:17:20,700 --> 00:17:23,060  
那么具体为什么讲到后头再说啊  
  
437  
00:17:24,069 --> 00:17:24,990  
那么这个里头呢  
  
438  
00:17:25,390 --> 00:17:26,150  
就说一个事  
  
439  
00:17:27,030 --> 00:17:28,950  
这个就是这个镇的东西就出来了  
  
440  
00:17:29,310 --> 00:17:31,510  
我要补肝我就得找俩帮手  
  
441  
00:17:32,710 --> 00:17:33,590  
这很有意思啊  
  
442  
00:17:33,790 --> 00:17:35,230  
就像我要撬这块砖  
  
443  
00:17:35,870 --> 00:17:38,190  
我就不能在这砖上去写文章  
  
444  
00:17:38,350 --> 00:17:39,310  
我得找一撬杠  
  
445  
00:17:39,520 --> 00:17:41,040  
还得找一个支点，对吧  
  
446  
00:17:41,080 --> 00:17:42,960  
有一角度啪一撬撬开了  
  
447  
00:17:43,120 --> 00:17:45,080  
这就是我们中医老祖宗的智慧  
  
448  
00:17:45,770 --> 00:17:47,330  
我中华独有这个东西  
  
449  
00:17:47,810 --> 00:17:50,690  
你看满世界真的这个包括西  
  
450  
00:17:50,770 --> 00:17:52,730  
呃，可能中东那边我不了解啊  
  
451  
00:17:52,890 --> 00:17:55,530  
反正西医他没这这这个手段  
  
452  
00:17:55,900 --> 00:17:58,140  
中医就有这个结构学的这个关系  
  
453  
00:17:58,460 --> 00:18:03,100  
我要是补这个肝我不能光从肝去实践，对吧  
  
454  
00:18:03,420 --> 00:18:04,140  
就像打仗  
  
455  
00:18:04,820 --> 00:18:07,220  
呃，这个地方吃紧  
  
456  
00:18:07,620 --> 00:18:09,900  
我就往这儿玩命的往里送  
  
457  
00:18:09,900 --> 00:18:10,460  
这个兵员  
  
458  
00:18:10,540 --> 00:18:14,980  
我就是把人往往这个当炮灰去了吧  
  
459  
00:18:15,420 --> 00:18:17,180  
我得找两个其他的角度  
  
460  
00:18:18,180 --> 00:18:18,380  
哎  
  
461  
00:18:18,380 --> 00:18:19,980  
这就是古代的这个深刻关系  
  
462  
00:18:20,060 --> 00:18:21,820  
勾股的勾股定理的这个  
  
463  
00:18:21,820 --> 00:18:23,990  
这个这个这个，这个这个奥妙啊  
  
464  
00:18:24,030 --> 00:18:24,790  
古代的几何  
  
465  
00:18:25,150 --> 00:18:26,350  
你看古代的数理学  
  
466  
00:18:26,350 --> 00:18:27,470  
其实离不开这个东西  
  
467  
00:18:27,870 --> 00:18:30,740  
那么一定有有注和意啊  
  
468  
00:18:30,780 --> 00:18:32,700  
这个补注意三个啊  
  
469  
00:18:34,390 --> 00:18:38,550  
这个方阵啊，你看啊补助  
  
470  
00:18:40,440 --> 00:18:42,880  
咦，这块我就不上黑板了  
  
471  
00:18:42,880 --> 00:18:44,360  
我口述你能听明白  
  
472  
00:18:45,040 --> 00:18:45,520  
补呢  
  
473  
00:18:45,520 --> 00:18:51,140  
是补他的这个本脏住是住谁住其子啊  
  
474  
00:18:51,700 --> 00:18:54,340  
助其呃，铸就是助其子义  
  
475  
00:18:54,380 --> 00:18:55,180  
是易谁呢  
  
476  
00:18:55,660 --> 00:18:57,780  
他所克之葬完事了  
  
477  
00:18:58,510 --> 00:19:00,030  
那为什么要这样底下呢  
  
478  
00:19:00,430 --> 00:19:02,310  
他其实用了一个呃  
  
479  
00:19:04,620 --> 00:19:05,380  
叙述啊  
  
480  
00:19:05,460 --> 00:19:09,380  
当然是仲景先师的这个这个留下来的真文  
  
481  
00:19:09,840 --> 00:19:10,040  
呃  
  
482  
00:19:10,040 --> 00:19:11,360  
大家回去看这块  
  
483  
00:19:11,360 --> 00:19:14,720  
我不想给你单独这么再赘述了  
  
484  
00:19:14,800 --> 00:19:15,720  
就再一点点讲  
  
485  
00:19:15,760 --> 00:19:16,560  
我觉得没劲  
  
486  
00:19:16,960 --> 00:19:19,440  
我在这说点书里外你看不到的  
  
487  
00:19:19,440 --> 00:19:20,320  
我说说这个  
  
488  
00:19:20,890 --> 00:19:25,210  
那么为什么在这个筑的过程中，首先他要用其子  
  
489  
00:19:25,570 --> 00:19:27,130  
这个其实就是子来救母  
  
490  
00:19:28,470 --> 00:19:29,590  
这个非常有意思啊  
  
491  
00:19:29,910 --> 00:19:31,830  
你看不光是方和药  
  
492  
00:19:31,990 --> 00:19:33,270  
其实人事之间啊  
  
493  
00:19:33,710 --> 00:19:36,300  
有这种道理，他也是这样的  
  
494  
00:19:36,660 --> 00:19:38,300  
有的时候我们过去老那么讲啊  
  
495  
00:19:38,300 --> 00:19:39,740  
叫叫少时啊  
  
496  
00:19:40,140 --> 00:19:41,980  
看子看父敬子，对吧  
  
497  
00:19:42,700 --> 00:19:44,820  
那那年老呢，就看子敬父啊  
  
498  
00:19:44,820 --> 00:19:47,020  
这个其实是一个非常有意思的事  
  
499  
00:19:47,380 --> 00:19:50,820  
那么孩子，那最后有的时候他就经常是能救大人  
  
500  
00:19:52,220 --> 00:19:53,740  
你看过去有那个传说  
  
501  
00:19:53,740 --> 00:19:55,300  
就是沉香劈山救母  
  
502  
00:19:55,540 --> 00:19:56,340  
他从哪来  
  
503  
00:19:56,620 --> 00:19:57,970  
从生活来啊  
  
504  
00:19:57,970 --> 00:19:59,330  
这个大家各位去品  
  
505  
00:19:59,330 --> 00:20:01,050  
我在这点一下，不多说  
  
506  
00:20:01,050 --> 00:20:01,610  
不赘述  
  
507  
00:20:01,930 --> 00:20:05,490  
但是这种用方的结构我在门诊上我我常用啊  
  
508  
00:20:05,750 --> 00:20:07,430  
这个我们要辩证的看  
  
509  
00:20:07,430 --> 00:20:09,190  
你不要光剩一个肝和脾  
  
510  
00:20:09,590 --> 00:20:10,990  
别的最后咱就记不住了  
  
511  
00:20:10,990 --> 00:20:13,230  
你打个比方，我要补肺金  
  
512  
00:20:13,980 --> 00:20:15,620  
肺经补不上去的时候啊  
  
513  
00:20:15,860 --> 00:20:17,940  
我要调这个肺经的这个补至节  
  
514  
00:20:18,300 --> 00:20:22,930  
那么我可不可以用他的这个子来去扶一下他的母呢  
  
515  
00:20:23,570 --> 00:20:24,370  
绝对可以啊  
  
516  
00:20:24,690 --> 00:20:26,250  
你没见到百合病  
  
517  
00:20:26,450 --> 00:20:27,410  
我用这个百合  
  
518  
00:20:27,970 --> 00:20:29,530  
他如倒垂之象，对吧  
  
519  
00:20:29,570 --> 00:20:34,410  
其色白，这个这个昼昼开夜合如肺之至结  
  
520  
00:20:34,650 --> 00:20:35,730  
那我要补这个的时候  
  
521  
00:20:35,730 --> 00:20:37,490  
最后我我发现劲儿不够用了  
  
522  
00:20:38,020 --> 00:20:38,900  
那百合病呢  
  
523  
00:20:38,900 --> 00:20:40,700  
不经土下并行输出怎么办  
  
524  
00:20:40,700 --> 00:20:42,620  
百合地黄，汤主之地黄干什么的呀  
  
525  
00:20:43,420 --> 00:20:46,340  
添渗水的以子来救母，对吧  
  
526  
00:20:46,740 --> 00:20:47,900  
那我不是  
  
527  
00:20:48,180 --> 00:20:49,340  
当然我前提是说啊  
  
528  
00:20:49,700 --> 00:20:52,180  
咱不是机械的用这个阵  
  
529  
00:20:52,690 --> 00:20:54,250  
这阵用的时候你要灵活啊  
  
530  
00:20:54,250 --> 00:20:57,690  
这是书上没说的，就是老师的作用是什么  
  
531  
00:20:57,690 --> 00:20:59,540  
不是把书给你念一遍啊  
  
532  
00:20:59,540 --> 00:21:01,540  
是要发书中所未发啊  
  
533  
00:21:01,540 --> 00:21:03,500  
是要引导你去读这本书  
  
534  
00:21:03,740 --> 00:21:04,940  
那从这个角度上来说  
  
535  
00:21:04,940 --> 00:21:08,490  
我们呃，去用怎么用  
  
536  
00:21:08,490 --> 00:21:11,290  
打个比方还是我，我我补这个费金的事对吧  
  
537  
00:21:11,810 --> 00:21:15,140  
那么我要用他的子，也就是渗水  
  
538  
00:21:15,220 --> 00:21:17,620  
我还用他的这个所克，就是肝木  
  
539  
00:21:17,940 --> 00:21:19,780  
但是我发现这个人啊  
  
540  
00:21:20,120 --> 00:21:22,280  
肝已经很咸很郁了  
  
541  
00:21:22,640 --> 00:21:24,000  
或者是他的正气呢  
  
542  
00:21:24,640 --> 00:21:26,400  
并不虚弱，反而很充盛  
  
543  
00:21:26,560 --> 00:21:27,640  
这时候我还补它吗  
  
544  
00:21:28,580 --> 00:21:29,300  
不补了  
  
545  
00:21:29,300 --> 00:21:30,140  
这个时候不补了  
  
546  
00:21:30,140 --> 00:21:31,060  
明白我的意思了吧  
  
547  
00:21:31,300 --> 00:21:33,580  
但是呃，这个讲啊  
  
548  
00:21:33,580 --> 00:21:34,660  
就是你要灵活的看  
  
549  
00:21:34,860 --> 00:21:36,940  
那同样反之，我要补这个肺金  
  
550  
00:21:37,260 --> 00:21:39,620  
他的肾水已经很很充盛了，对吧  
  
551  
00:21:39,940 --> 00:21:40,860  
很充盈了  
  
552  
00:21:41,220 --> 00:21:41,980  
生机很旺  
  
553  
00:21:42,140 --> 00:21:43,180  
那你还补不补呢  
  
554  
00:21:43,180 --> 00:21:44,460  
这时候就可以撤回来了  
  
555  
00:21:45,140 --> 00:21:47,500  
这不就是脾旺四季不受邪  
  
556  
00:21:48,630 --> 00:21:49,350  
皆有补之嘛  
  
557  
00:21:49,350 --> 00:21:50,030  
就这个道理  
  
558  
00:21:50,030 --> 00:21:52,470  
仲景先师那时候字多贵啊，对吧  
  
559  
00:21:52,470 --> 00:21:53,590  
他不能写那么多啊  
  
560  
00:21:53,590 --> 00:21:54,790  
所以没没说的地方  
  
561  
00:21:54,790 --> 00:21:56,030  
我帮他补充一下啊  
  
562  
00:21:56,460 --> 00:21:58,020  
那这个是我们要灵活的看的  
  
563  
00:21:58,260 --> 00:21:59,540  
那么这个后头又说了一个事  
  
564  
00:21:59,540 --> 00:22:02,200  
儿啊，叫治肝补脾之药  
  
565  
00:22:02,200 --> 00:22:02,640  
妙啊  
  
566  
00:22:02,640 --> 00:22:03,600  
这个非常有意思  
  
567  
00:22:03,600 --> 00:22:05,480  
这个你在临床上，你去品啊  
  
568  
00:22:05,480 --> 00:22:06,680  
你细你细品，你用  
  
569  
00:22:07,000 --> 00:22:07,960  
呃，非常有用  
  
570  
00:22:08,000 --> 00:22:09,720  
五脏都是这样啊  
  
571  
00:22:09,720 --> 00:22:12,760  
哪一脏都是我不给大家挨个的讲了  
  
572  
00:22:13,270 --> 00:22:13,990  
但是这个呢  
  
573  
00:22:13,990 --> 00:22:16,030  
他说了一个前提是肝虚之法  
  
574  
00:22:17,360 --> 00:22:18,160  
那石怎么办  
  
575  
00:22:18,160 --> 00:22:19,040  
其实甘石呢  
  
576  
00:22:19,440 --> 00:22:22,200  
呃，这个在伤寒论和金匮要略之中  
  
577  
00:22:22,360 --> 00:22:24,960  
仲景先师到处都在讲这个  
  
578  
00:22:24,960 --> 00:22:26,530  
我们讲到哪儿的话  
  
579  
00:22:26,530 --> 00:22:27,690  
随缘说吧，我  
  
580  
00:22:27,690 --> 00:22:29,610  
我在这儿，我就不是特意的摆了  
  
581  
00:22:30,690 --> 00:22:32,890  
好后面这么句话啊  
  
582  
00:22:33,400 --> 00:22:35,520  
人名五常因风气而生长  
  
583  
00:22:35,640 --> 00:22:37,840  
风气虽能生万物，亦能害万物  
  
584  
00:22:38,120 --> 00:22:39,920  
如水能覆舟，亦能覆舟  
  
585  
00:22:39,920 --> 00:22:41,400  
这句话非常重要  
  
586  
00:22:42,200 --> 00:22:47,430  
你发没发现他没说这个自然之中燥气怎么样  
  
587  
00:22:47,430 --> 00:22:50,950  
或者或者寒气，这个不是因为为了省字  
  
588  
00:22:51,710 --> 00:22:51,910  
呃  
  
589  
00:22:52,030 --> 00:22:53,790  
在这呢，我也冒个大不会吧  
  
590  
00:22:53,830 --> 00:22:56,990  
因为有有很多东西其实你留神你也能看得见  
  
591  
00:22:57,990 --> 00:23:00,110  
呃，咱们都知道古之方记者有四  
  
592  
00:23:00,110 --> 00:23:00,710  
一曰一静  
  
593  
00:23:00,710 --> 00:23:01,270  
二曰经方  
  
594  
00:23:01,390 --> 00:23:02,030  
三曰房中  
  
595  
00:23:02,030 --> 00:23:02,710  
四曰神仙  
  
596  
00:23:03,240 --> 00:23:04,400  
那么自古以来呢  
  
597  
00:23:04,400 --> 00:23:05,200  
医道不分家  
  
598  
00:23:05,600 --> 00:23:07,400  
那么道门我说的不是道教啊  
  
599  
00:23:07,400 --> 00:23:08,680  
也不是道家，就是道门  
  
600  
00:23:09,040 --> 00:23:11,560  
道门传承的医术之中由重肝气  
  
601  
00:23:12,160 --> 00:23:13,600  
在这儿我就点这么一下  
  
602  
00:23:13,600 --> 00:23:15,400  
别的我不多说，为什么重干系  
  
603  
00:23:15,400 --> 00:23:16,160  
原因很简单  
  
604  
00:23:16,800 --> 00:23:17,680  
生机在此  
  
605  
00:23:17,760 --> 00:23:18,560  
病机在此  
  
606  
00:23:19,700 --> 00:23:21,740  
都在这，那么一个气的  
  
607  
00:23:22,740 --> 00:23:25,520  
它的生生发生长再干  
  
608  
00:23:25,920 --> 00:23:28,160  
呃，在这我说一个就非常简单的  
  
609  
00:23:28,160 --> 00:23:30,000  
这个有的叫干货啊  
  
610  
00:23:30,000 --> 00:23:31,120  
就是其实不是那么讲  
  
611  
00:23:31,120 --> 00:23:32,320  
叫临床的一个小技巧  
  
612  
00:23:32,720 --> 00:23:35,480  
那在门诊上，其实有的时候你患者一来一进屋  
  
613  
00:23:35,480 --> 00:23:37,480  
你搭你都先不用搭别的脉  
  
614  
00:23:38,370 --> 00:23:39,490  
知道先往哪儿搭吗  
  
615  
00:23:40,490 --> 00:23:41,250  
先搭左关  
  
616  
00:23:43,860 --> 00:23:46,860  
为什么生机都没了，你还聊啥呀  
  
617  
00:23:47,380 --> 00:23:48,180  
是这个道理吧  
  
618  
00:23:48,420 --> 00:23:50,100  
我患者来经常患者来医问我  
  
619  
00:23:50,220 --> 00:23:51,580  
大夫当时都是患者  
  
620  
00:23:51,580 --> 00:23:52,740  
出去之后家属问啊  
  
621  
00:23:52,940 --> 00:23:53,460  
说，大夫  
  
622  
00:23:53,540 --> 00:23:53,860  
对吧  
  
623  
00:23:53,860 --> 00:23:56,140  
我一说，学生全乐见太多了  
  
624  
00:23:56,500 --> 00:24:01,100  
说说这周能不能，那意思就是我们那个抗肿瘤的这个就上来了  
  
625  
00:24:02,430 --> 00:24:04,950  
我很多时候我都泼一盆冷水啊  
  
626  
00:24:05,230 --> 00:24:06,150  
我说，你先甭急  
  
627  
00:24:07,510 --> 00:24:08,110  
先留人  
  
628  
00:24:09,230 --> 00:24:09,550  
对吧  
  
629  
00:24:10,030 --> 00:24:11,030  
先留人再治病  
  
630  
00:24:11,030 --> 00:24:12,030  
你着什么急啊  
  
631  
00:24:12,990 --> 00:24:13,270  
啊  
  
632  
00:24:14,750 --> 00:24:16,310  
你放心吧啊，死神啊  
  
633  
00:24:16,670 --> 00:24:19,150  
他不会在后头追你啊  
  
634  
00:24:19,190 --> 00:24:20,590  
你跑吧往快了跑  
  
635  
00:24:20,590 --> 00:24:23,390  
他有的时候在前面某个十字路口，他等你啊  
  
636  
00:24:24,970 --> 00:24:25,250  
啊  
  
637  
00:24:25,450 --> 00:24:26,930  
这是吴雄志老师啊  
  
638  
00:24:27,130 --> 00:24:30,610  
他后呃讲课的时候听他说的这么一句话，很有道理啊  
  
639  
00:24:30,610 --> 00:24:31,410  
非常有道理  
  
640  
00:24:32,100 --> 00:24:33,940  
那么这个不是急的事，儿啊  
  
641  
00:24:33,980 --> 00:24:35,100  
这不是急的事  
  
642  
00:24:35,460 --> 00:24:35,660  
呃  
  
643  
00:24:35,660 --> 00:24:37,260  
在临床上，尤其是治大病  
  
644  
00:24:37,260 --> 00:24:38,140  
我发现了啊  
  
645  
00:24:38,700 --> 00:24:39,820  
除非抢救啊  
  
646  
00:24:39,820 --> 00:24:41,100  
抢救那不急不行啊  
  
647  
00:24:41,380 --> 00:24:42,700  
分秒必争，那是抢命  
  
648  
00:24:43,210 --> 00:24:43,410  
呃  
  
649  
00:24:43,410 --> 00:24:46,740  
很多重症你不见得是急能解决问题的  
  
650  
00:24:46,740 --> 00:24:48,060  
反而反而越急越乱  
  
651  
00:24:48,380 --> 00:24:51,420  
你这时候养它的生机是特别的重要  
  
652  
00:24:51,660 --> 00:24:53,380  
就像大厦将倾的时候  
  
653  
00:24:53,580 --> 00:24:54,660  
崇祯皇上对吧  
  
654  
00:24:55,320 --> 00:24:58,040  
呃，有一回一口气杀了50多多个大臣  
  
655  
00:24:58,040 --> 00:24:59,240  
他没解决问题  
  
656  
00:24:59,760 --> 00:25:03,000  
你那个时候你赏罚要分明，有罚也得有赏啊  
  
657  
00:25:03,340 --> 00:25:04,900  
把升级把它挑起来  
  
658  
00:25:04,980 --> 00:25:06,540  
所以这个一上来之后，你一摸  
  
659  
00:25:06,820 --> 00:25:09,020  
你说老师这个病我肝治不行，干治不行  
  
660  
00:25:09,700 --> 00:25:11,020  
你试你光治病了  
  
661  
00:25:12,090 --> 00:25:13,970  
就像这孩子，你你你没事  
  
662  
00:25:13,970 --> 00:25:15,010  
你光呲他，对吧  
  
663  
00:25:15,450 --> 00:25:16,850  
你不夸两句啊  
  
664  
00:25:17,210 --> 00:25:19,970  
最后这个东西你弄不好就是一个道理  
  
665  
00:25:21,220 --> 00:25:23,300  
呃，包括我教学生也是在门诊上  
  
666  
00:25:23,300 --> 00:25:27,040  
有的时候我学生都说说老师有的时候你对我们吧  
  
667  
00:25:27,040 --> 00:25:30,720  
也也也也太就是那个什么了啊，呃  
  
668  
00:25:30,960 --> 00:25:35,580  
就是每个孩子你都说好啊哈哈，呃也对  
  
669  
00:25:35,580 --> 00:25:36,060  
也不对  
  
670  
00:25:36,620 --> 00:25:37,180  
为什么  
  
671  
00:25:37,180 --> 00:25:40,540  
因为今天这个学习环境和时代你们压力都很大  
  
672  
00:25:40,860 --> 00:25:42,660  
我一上来我专挑你哪儿不好  
  
673  
00:25:43,970 --> 00:25:46,290  
是我知道我不好，那那那有啥办法  
  
674  
00:25:46,290 --> 00:25:47,410  
我也尽力了对吧  
  
675  
00:25:47,730 --> 00:25:49,890  
你就看他哪哪块好诶  
  
676  
00:25:50,250 --> 00:25:53,700  
这个孩子他虽然智慧有余，但是他细  
  
677  
00:25:54,260 --> 00:25:55,340  
但是他信心不足  
  
678  
00:25:55,820 --> 00:25:58,180  
那你就先挑他智慧，诶  
  
679  
00:25:58,260 --> 00:25:59,020  
你先夸一夸  
  
680  
00:25:59,140 --> 00:26:01,880  
哎，你这个考虑问题有有远虑对吧  
  
681  
00:26:01,880 --> 00:26:04,280  
但是你比较马虎马虎的事，咱后头再说  
  
682  
00:26:04,440 --> 00:26:05,720  
碰到事再讲，对吧  
  
683  
00:26:06,160 --> 00:26:08,680  
都是这么来，那孩子就就能顺着你  
  
684  
00:26:09,080 --> 00:26:12,400  
他能听你的话，你就能把它调调调训出来  
  
685  
00:26:12,820 --> 00:26:13,820  
那同理啊  
  
686  
00:26:13,940 --> 00:26:14,820  
同样一个道理  
  
687  
00:26:14,940 --> 00:26:19,540  
我们治病也是，你看到它生机所在  
  
688  
00:26:19,860 --> 00:26:21,260  
那就是你下手之处  
  
689  
00:26:21,860 --> 00:26:23,260  
你把它升级先调足  
  
690  
00:26:23,260 --> 00:26:25,740  
你不要一上来之后玩命就跟他并级去拼  
  
691  
00:26:26,220 --> 00:26:28,700  
那样的时候有可能是两败俱伤啊  
  
692  
00:26:29,280 --> 00:26:30,360  
那我为什么不敢  
  
693  
00:26:30,480 --> 00:26:31,560  
那有的时候你那么弄  
  
694  
00:26:31,880 --> 00:26:33,920  
有可能一副药整好了，我不敢  
  
695  
00:26:33,920 --> 00:26:37,000  
为什么我们这人有的时候治一些重症  
  
696  
00:26:37,820 --> 00:26:39,060  
我遇到过老多回了  
  
697  
00:26:39,060 --> 00:26:42,380  
你错一次就没有第二次的机会了啊  
  
698  
00:26:42,380 --> 00:26:45,300  
我跟我，我我朋友我都不避讳这个事啊  
  
699  
00:26:45,650 --> 00:26:45,850  
呃  
  
700  
00:26:45,850 --> 00:26:47,050  
我认为，呃  
  
701  
00:26:47,050 --> 00:26:48,610  
我也治坏了好多病啊  
  
702  
00:26:48,890 --> 00:26:51,690  
那么这个时候有很多时候你你你你错错一步  
  
703  
00:26:51,690 --> 00:26:53,130  
你没有第二次的机会了  
  
704  
00:26:53,410 --> 00:26:54,810  
你不像我治疑痛经，对吧  
  
705  
00:26:55,050 --> 00:26:55,970  
我治愈什么病  
  
706  
00:26:56,460 --> 00:26:57,300  
错了就错了  
  
707  
00:26:57,300 --> 00:27:00,700  
下次我你大不了不来了，说这个道理啊  
  
708  
00:27:01,100 --> 00:27:03,140  
或者我心里头惭愧一下  
  
709  
00:27:03,140 --> 00:27:04,460  
那个不给你机会啊  
  
710  
00:27:04,900 --> 00:27:06,540  
所以说生气之所在  
  
711  
00:27:06,540 --> 00:27:08,900  
这个我书上有的，我不多讲  
  
712  
00:27:09,300 --> 00:27:11,140  
呃，我的心得留给大家去品  
  
713  
00:27:11,580 --> 00:27:12,140  
你细品  
  
714  
00:27:12,500 --> 00:27:15,580  
但是反过来，病机也在这儿啊  
  
715  
00:27:16,000 --> 00:27:19,200  
这就是我上次课给大家说过有很多大病啊  
  
716  
00:27:19,200 --> 00:27:19,920  
我很多大病  
  
717  
00:27:19,920 --> 00:27:20,840  
我一摸那个脉  
  
718  
00:27:21,000 --> 00:27:22,640  
哎呀我就触诊  
  
719  
00:27:22,640 --> 00:27:24,720  
来的时候我都边摸，有时候边感慨  
  
720  
00:27:25,750 --> 00:27:26,950  
哎呀我说您呀  
  
721  
00:27:26,950 --> 00:27:28,670  
有一毛病，得改啥毛病啊  
  
722  
00:27:28,810 --> 00:27:30,090  
我好生气，好发怒  
  
723  
00:27:30,090 --> 00:27:32,290  
我不给留面子，直接说哎  
  
724  
00:27:32,530 --> 00:27:33,730  
孩子们在后头啊  
  
725  
00:27:33,730 --> 00:27:35,290  
家属都都一个劲儿点头说  
  
726  
00:27:35,290 --> 00:27:38,260  
这个真是就一个普普通通的病机  
  
727  
00:27:38,340 --> 00:27:39,420  
你你放心啊  
  
728  
00:27:39,420 --> 00:27:41,020  
这个人总是发脾气  
  
729  
00:27:41,020 --> 00:27:41,780  
总是发怒  
  
730  
00:27:42,140 --> 00:27:44,260  
总是有怨气这个脉呀  
  
731  
00:27:44,590 --> 00:27:45,830  
它慢慢它就斜化  
  
732  
00:27:46,310 --> 00:27:47,350  
斜化了之后呢  
  
733  
00:27:47,800 --> 00:27:49,000  
什么是恶性肿瘤  
  
734  
00:27:49,000 --> 00:27:50,520  
就是邪化了的肿瘤，对吧  
  
735  
00:27:50,840 --> 00:27:52,040  
我是不是可以这样讲啊  
  
736  
00:27:52,670 --> 00:27:53,670  
到处疯长啊  
  
737  
00:27:53,710 --> 00:27:54,550  
他不听你的  
  
738  
00:27:55,190 --> 00:27:57,550  
那么这个这个邪气哪来的  
  
739  
00:27:57,550 --> 00:28:00,790  
这个病机哪来的自己生出来的啊  
  
740  
00:28:00,950 --> 00:28:03,790  
所以风能生万物也能什么  
  
741  
00:28:03,990 --> 00:28:05,790  
害万物就说这个概念啊  
  
742  
00:28:07,680 --> 00:28:09,000  
额，后头这块呢  
  
743  
00:28:09,560 --> 00:28:11,440  
大家能读懂的我就不说了  
  
744  
00:28:11,720 --> 00:28:12,880  
元真通畅啊  
  
745  
00:28:13,230 --> 00:28:14,430  
这个非常重要啊  
  
746  
00:28:14,470 --> 00:28:18,190  
你看这里头，我们一讲金匮要略里有这么多重要的概念啊  
  
747  
00:28:18,190 --> 00:28:19,470  
想越都越不过去  
  
748  
00:28:20,320 --> 00:28:23,120  
元真通畅，这个你别当儿戏  
  
749  
00:28:23,640 --> 00:28:26,120  
这就是古中医和后世中医的区别  
  
750  
00:28:26,670 --> 00:28:29,190  
古中医眼里头其实最早啊  
  
751  
00:28:29,230 --> 00:28:30,230  
这个我们别抬杠  
  
752  
00:28:30,270 --> 00:28:31,710  
你我是把我会的  
  
753  
00:28:31,710 --> 00:28:33,030  
我知道的，我告诉你  
  
754  
00:28:33,470 --> 00:28:33,670  
呃  
  
755  
00:28:33,870 --> 00:28:34,750  
你别跟我抬杠  
  
756  
00:28:34,750 --> 00:28:36,710  
抬杠我，我我不跟你聊这个事啊  
  
757  
00:28:36,710 --> 00:28:37,550  
我也不跟你抬  
  
758  
00:28:37,760 --> 00:28:39,560  
你要非说你那行你对啊  
  
759  
00:28:39,560 --> 00:28:43,760  
这我我不说这事，我的发愿就是把我说的给大家都教会了啊  
  
760  
00:28:43,840 --> 00:28:45,360  
咱们去给人解决痛苦啊  
  
761  
00:28:45,360 --> 00:28:46,320  
就是干这个事  
  
762  
00:28:47,960 --> 00:28:49,320  
古人自有正邪之论  
  
763  
00:28:49,360 --> 00:28:51,400  
但是在古人的论述和运作之中  
  
764  
00:28:51,400 --> 00:28:52,960  
你注意一件事非常重要  
  
765  
00:28:53,120 --> 00:28:55,000  
这过去有可能真没人跟你讲  
  
766  
00:28:55,480 --> 00:28:56,720  
没听过也正常啊  
  
767  
00:28:57,070 --> 00:28:58,790  
过去人不是不讲  
  
768  
00:28:58,790 --> 00:29:00,150  
是不公开讲的  
  
769  
00:29:00,980 --> 00:29:03,700  
古人眼里没有邪气的概念，你信不信  
  
770  
00:29:05,150 --> 00:29:06,150  
他知道邪气啊  
  
771  
00:29:07,150 --> 00:29:09,510  
但是他眼里没邪气这个概念，没有这根筋  
  
772  
00:29:10,430 --> 00:29:13,590  
我在临床上我就是这么治病，到今天都是  
  
773  
00:29:14,590 --> 00:29:15,750  
那你没邪气怎么治  
  
774  
00:29:16,150 --> 00:29:18,070  
我就看你正气怎么走  
  
775  
00:29:19,130 --> 00:29:20,530  
推动你正气的运作  
  
776  
00:29:21,170 --> 00:29:23,330  
哎到这推不动了，那咋办  
  
777  
00:29:23,330 --> 00:29:25,570  
想办法推动，其实有没有邪气  
  
778  
00:29:25,570 --> 00:29:26,330  
有邪气啊  
  
779  
00:29:27,250 --> 00:29:30,570  
但是我我我我我视而不见啊  
  
780  
00:29:30,570 --> 00:29:33,190  
我忘了明白我的意思吧  
  
781  
00:29:33,510 --> 00:29:34,990  
中国古代什么都是这样  
  
782  
00:29:35,510 --> 00:29:37,510  
用兵如此啊  
  
783  
00:29:37,790 --> 00:29:41,790  
什么东西就就就是你都是这样，叫什么反求诸己  
  
784  
00:29:41,790 --> 00:29:44,230  
我立在我自己这个立即上  
  
785  
00:29:44,230 --> 00:29:45,310  
我去考虑问题  
  
786  
00:29:45,670 --> 00:29:47,990  
我不是立在你那个上头啊  
  
787  
00:29:47,990 --> 00:29:49,710  
你就打比方传统武术对吧  
  
788  
00:29:49,710 --> 00:29:51,510  
我小时候也学两天把式啊  
  
789  
00:29:51,870 --> 00:29:53,110  
那为什么现在总挨揍啊  
  
790  
00:29:53,110 --> 00:29:53,910  
原因很简单啊  
  
791  
00:29:54,110 --> 00:29:54,870  
带跑偏了  
  
792  
00:29:55,230 --> 00:30:00,070  
古代的时候，那时候我那没没有没有敌人的概念  
  
793  
00:30:00,070 --> 00:30:01,150  
我玩我的对吧  
  
794  
00:30:01,490 --> 00:30:02,290  
我反正没错  
  
795  
00:30:02,290 --> 00:30:04,730  
那准有一个错的错，谁错谁躺下对吧  
  
796  
00:30:04,970 --> 00:30:05,810  
就这么一个道理  
  
797  
00:30:06,050 --> 00:30:07,650  
呃，中医也是一样啊  
  
798  
00:30:08,560 --> 00:30:11,080  
没有病期的概念，我就发现我一生气  
  
799  
00:30:11,080 --> 00:30:12,800  
哎，你咋不按这六经走了呢  
  
800  
00:30:12,800 --> 00:30:13,080  
对吧  
  
801  
00:30:13,360 --> 00:30:15,000  
阳明不和了，我帮帮你哈  
  
802  
00:30:15,400 --> 00:30:16,520  
合完之后好了  
  
803  
00:30:17,070 --> 00:30:19,430  
具体什么病我在门诊上特别惭愧  
  
804  
00:30:19,430 --> 00:30:20,270  
有的时候患者啊  
  
805  
00:30:20,390 --> 00:30:22,230  
我学生都知道，我就装深沉啊  
  
806  
00:30:22,470 --> 00:30:24,030  
我有时候总老在门诊上装  
  
807  
00:30:24,560 --> 00:30:28,720  
患者来了之后总有这样的事儿，呃  
  
808  
00:30:29,480 --> 00:30:30,480  
我都对不上号  
  
809  
00:30:30,760 --> 00:30:33,600  
你比如说我有一大连的那个黑色素瘤的患者  
  
810  
00:30:34,120 --> 00:30:36,080  
他一来他儿子带他来的，说  
  
811  
00:30:36,080 --> 00:30:37,090  
大夫，我  
  
812  
00:30:37,090 --> 00:30:38,330  
我爸爸这病啊  
  
813  
00:30:38,650 --> 00:30:39,170  
要手术  
  
814  
00:30:39,170 --> 00:30:41,290  
我拦着我说在你这吃药  
  
815  
00:30:42,330 --> 00:30:43,570  
我说我建议你手术吧  
  
816  
00:30:44,210 --> 00:30:45,810  
他说不成不成不手术啊  
  
817  
00:30:45,810 --> 00:30:47,810  
为什么说我媳妇啊  
  
818  
00:30:48,210 --> 00:30:51,080  
那个你肯定记得乳腺癌啊  
  
819  
00:30:51,080 --> 00:30:54,390  
没手术在你这就吃中药就好了啊  
  
820  
00:30:54,470 --> 00:30:55,110  
我说我记得  
  
821  
00:30:55,110 --> 00:30:57,110  
其实我都不知道，不知道是谁啊  
  
822  
00:30:57,710 --> 00:31:01,970  
呃，硬得说记得为啥你要说你不知道这玩意伤感情是吧  
  
823  
00:31:02,250 --> 00:31:05,170  
因为他说你知道真不知道，真记不住  
  
824  
00:31:06,050 --> 00:31:07,290  
包括有的时候患者来啊  
  
825  
00:31:07,370 --> 00:31:09,650  
经常有这样说说你治好谁谁谁啥病  
  
826  
00:31:12,200 --> 00:31:14,000  
不知道啊  
  
827  
00:31:14,160 --> 00:31:16,800  
不知道为啥眼里没有病的概念  
  
828  
00:31:17,280 --> 00:31:18,600  
你就来的第一回啊  
  
829  
00:31:18,600 --> 00:31:19,800  
我给你登一记对吧  
  
830  
00:31:20,160 --> 00:31:20,960  
登记是为啥  
  
831  
00:31:20,960 --> 00:31:22,520  
为了给我自己看啊  
  
832  
00:31:22,520 --> 00:31:24,840  
最后别治了，1643招  
  
833  
00:31:24,840 --> 00:31:26,360  
我不知道治的是啥，特别尴尬  
  
834  
00:31:26,560 --> 00:31:29,360  
我，我学生跟我跟我跟的时间长  
  
835  
00:31:29,360 --> 00:31:31,520  
老学生他们知道我以前啊  
  
836  
00:31:32,010 --> 00:31:33,610  
15年以前我都不登记  
  
837  
00:31:34,250 --> 00:31:35,450  
那时候就特别尴尬  
  
838  
00:31:35,450 --> 00:31:37,010  
有的时候经常治了一年之后  
  
839  
00:31:37,610 --> 00:31:39,650  
这是你说这是人能干出来的事吗  
  
840  
00:31:39,650 --> 00:31:40,730  
他就是我干出来的  
  
841  
00:31:41,090 --> 00:31:44,210  
治一年之后，我都不知道我指的是啥  
  
842  
00:31:45,370 --> 00:31:47,490  
或者有时候跟我一问，我懵了  
  
843  
00:31:47,490 --> 00:31:48,130  
我还不能  
  
844  
00:31:48,920 --> 00:31:50,720  
我还得装知道啊  
  
845  
00:31:50,800 --> 00:31:51,680  
太尴尬了  
  
846  
00:31:52,200 --> 00:31:55,000  
但是问题是没有患者来投诉我呀  
  
847  
00:31:56,590 --> 00:31:57,710  
大多数都治好了  
  
848  
00:31:58,390 --> 00:32:01,150  
包括一些危重症，我不知道指的是啥  
  
849  
00:32:01,430 --> 00:32:04,270  
但是我心里非常明白我干的是什么事  
  
850  
00:32:04,950 --> 00:32:09,170  
无外乎六经阴阳五行，深刻之间  
  
851  
00:32:10,670 --> 00:32:12,070  
脑子里只剩这些事了  
  
852  
00:32:12,070 --> 00:32:13,590  
至于你说他是什么病毒  
  
853  
00:32:13,710 --> 00:32:15,680  
是什什么事，忘了  
  
854  
00:32:15,680 --> 00:32:16,840  
有可能想不起来了  
  
855  
00:32:16,920 --> 00:32:18,560  
真想不起来，我这几年好多了啊  
  
856  
00:32:18,560 --> 00:32:20,280  
我这几年比比比过去长记性  
  
857  
00:32:20,560 --> 00:32:21,920  
那我就跟你说这个事啊  
  
858  
00:32:22,790 --> 00:32:24,870  
呃，元真讲的就是这个事  
  
859  
00:32:25,350 --> 00:32:27,590  
你要保障他正气的这个周流  
  
860  
00:32:27,630 --> 00:32:29,980  
和和和和和这个之后  
  
861  
00:32:30,420 --> 00:32:32,780  
不知不觉有可能他那病就没了啊  
  
862  
00:32:32,820 --> 00:32:36,020  
这个这个在我们临床上他天天干的就是这个事  
  
863  
00:32:37,470 --> 00:32:41,710  
后头又说千般趁乱不越三条在这我还是那句话啊  
  
864  
00:32:41,910 --> 00:32:43,630  
书上有的我就不给你讲了  
  
865  
00:32:43,950 --> 00:32:46,870  
无外乎内外内外之间，对吧  
  
866  
00:32:47,190 --> 00:32:50,350  
古人用这个空间来把你把这事给你讲清楚  
  
867  
00:32:50,590 --> 00:32:54,870  
但是在这就引来了我们金匮伤寒之别，上次说过吧  
  
868  
00:32:55,230 --> 00:32:57,190  
伤寒论是以六经立法  
  
869  
00:32:57,190 --> 00:32:59,430  
而金匮是以五脏立论  
  
870  
00:33:00,550 --> 00:33:03,110  
伤寒论六经之中藏着气脉之运用  
  
871  
00:33:03,670 --> 00:33:06,390  
金匮五脏之中藏着关窍之  
  
872  
00:33:07,960 --> 00:33:08,200  
哎  
  
873  
00:33:08,400 --> 00:33:10,970  
这个奥妙在里头，就在里头  
  
874  
00:33:11,250 --> 00:33:12,170  
那么金贵呢  
  
875  
00:33:12,610 --> 00:33:13,970  
跟上海有所不同啊  
  
876  
00:33:14,250 --> 00:33:17,050  
金贵说的有关窍，它多数都是有形的  
  
877  
00:33:18,490 --> 00:33:20,170  
上了六厅你给我拿出来看看  
  
878  
00:33:22,020 --> 00:33:23,860  
太阳长什么样了对吧  
  
879  
00:33:24,460 --> 00:33:25,820  
我伤寒论，我治这么多年  
  
880  
00:33:26,540 --> 00:33:27,820  
一搭手少阳脉  
  
881  
00:33:29,120 --> 00:33:30,520  
在邵阳长什么样我没见过  
  
882  
00:33:30,520 --> 00:33:31,280  
不好意思啊  
  
883  
00:33:32,740 --> 00:33:34,380  
望诊一望啊，学生  
  
884  
00:33:35,380 --> 00:33:36,460  
老跟我这么玩啊  
  
885  
00:33:36,460 --> 00:33:37,740  
一整就拿了一照片，老师  
  
886  
00:33:38,900 --> 00:33:39,260  
对吧  
  
887  
00:33:39,420 --> 00:33:41,140  
我一说有人捂嘴，乐啊  
  
888  
00:33:41,510 --> 00:33:42,470  
就是你  
  
889  
00:33:42,470 --> 00:33:43,990  
你看一下这个哎  
  
890  
00:33:43,990 --> 00:33:44,790  
照片一看啊  
  
891  
00:33:46,380 --> 00:33:46,740  
阳明  
  
892  
00:33:47,820 --> 00:33:48,620  
按阳明用吧  
  
893  
00:33:48,780 --> 00:33:50,060  
哎呦，好使啊  
  
894  
00:33:50,340 --> 00:33:51,100  
多数情况啊  
  
895  
00:33:51,140 --> 00:33:53,020  
大多数情况好使，呃  
  
896  
00:33:53,970 --> 00:33:56,010  
但他不是邵阳不是他  
  
897  
00:33:56,010 --> 00:33:58,250  
但他不是说阳明就长这样，那叫望诊  
  
898  
00:33:58,290 --> 00:34:01,010  
那叫那叫诊断技巧，对吧  
  
899  
00:34:02,370 --> 00:34:05,490  
你看不见为什么它是先天的  
  
900  
00:34:06,900 --> 00:34:08,780  
六经是先天的，是先机  
  
901  
00:34:09,420 --> 00:34:11,139  
你先鸡东西，你怎么能看见呢  
  
902  
00:34:12,250 --> 00:34:12,530  
啊  
  
903  
00:34:12,810 --> 00:34:13,610  
就这么一个道理  
  
904  
00:34:13,610 --> 00:34:16,170  
同样，当然说到这我还要牵出一个概念  
  
905  
00:34:16,850 --> 00:34:18,650  
呃，我个人认为啊  
  
906  
00:34:19,250 --> 00:34:20,690  
这个胃病还有一层  
  
907  
00:34:33,560 --> 00:34:34,000  
献祭  
  
908  
00:34:36,800 --> 00:34:37,000  
呃  
  
909  
00:34:37,199 --> 00:34:38,080  
有时候我学生啊  
  
910  
00:34:38,080 --> 00:34:39,920  
到我门诊之后跟我说说，老师啊  
  
911  
00:34:39,920 --> 00:34:42,719  
你看呃，我这不不敢改啊  
  
912  
00:34:42,719 --> 00:34:45,929  
我学生原话就还就大上周的事啊  
  
913  
00:34:45,929 --> 00:34:48,250  
跟我说说，你看你这来的都是重症  
  
914  
00:34:48,250 --> 00:34:48,570  
对吧  
  
915  
00:34:49,050 --> 00:34:50,170  
但有时候我看你这方啊  
  
916  
00:34:50,330 --> 00:34:51,250  
尤其最近啊  
  
917  
00:34:51,409 --> 00:34:53,480  
最近这个，咱们这个收入啊  
  
918  
00:34:53,480 --> 00:34:55,000  
直转急下对吧  
  
919  
00:34:55,600 --> 00:34:58,030  
就是那个最近这方吧  
  
920  
00:34:58,030 --> 00:34:59,510  
一整就比如奇胃药  
  
921  
00:35:00,590 --> 00:35:01,430  
啊，太多了吧  
  
922  
00:35:01,430 --> 00:35:01,710  
对吧  
  
923  
00:35:01,830 --> 00:35:05,720  
那那好，不乏癌症  
  
924  
00:35:07,440 --> 00:35:08,760  
那么那么那这时候  
  
925  
00:35:11,180 --> 00:35:13,060  
当然前提是患者还有效  
  
926  
00:35:13,140 --> 00:35:14,500  
他没有效，他不来了对吧  
  
927  
00:35:15,020 --> 00:35:15,980  
没有效他不来了  
  
928  
00:35:17,060 --> 00:35:17,260  
呃  
  
929  
00:35:17,860 --> 00:35:22,660  
那你去拿这奇药七味药去打这个瘤打不动啊  
  
930  
00:35:22,940 --> 00:35:24,180  
包括一些重患啊  
  
931  
00:35:25,390 --> 00:35:26,190  
那咋办呢  
  
932  
00:35:27,470 --> 00:35:31,260  
你打他的先机就比较容易了  
  
933  
00:35:31,460 --> 00:35:32,300  
明白这意思了吧  
  
934  
00:35:32,820 --> 00:35:37,060  
哎呃，咋咋咋解释这事呢  
  
935  
00:35:38,020 --> 00:35:41,420  
我说个最落地的就是大家都能听懂的话  
  
936  
00:35:42,020 --> 00:35:43,060  
就是原因和结果  
  
937  
00:35:43,740 --> 00:35:44,900  
治病，治原因不要治  
  
938  
00:35:44,900 --> 00:35:47,740  
结果结果不好治特别难  
  
939  
00:35:48,370 --> 00:35:50,770  
你掰着手指头挨个掰也掰不过来  
  
940  
00:35:50,970 --> 00:35:53,170  
但是你要在这个动态的人身上  
  
941  
00:35:53,170 --> 00:35:56,130  
你始终能看到他的下一个站点在哪  
  
942  
00:35:56,670 --> 00:35:58,830  
然后你把他这一站把它搞定  
  
943  
00:35:59,470 --> 00:36:01,030  
他他下一站他就不过去了  
  
944  
00:36:01,270 --> 00:36:03,070  
这个时候哎，好归拢了  
  
945  
00:36:03,230 --> 00:36:03,990  
这就是制先机  
  
946  
00:36:03,990 --> 00:36:05,110  
这是我个人体会啊  
  
947  
00:36:05,310 --> 00:36:06,870  
这不是仲景先师所说  
  
948  
00:36:07,100 --> 00:36:10,660  
但是我在临床上，我发现用仲景方有的时候小方能治大病  
  
949  
00:36:10,740 --> 00:36:11,980  
原因亦或有此啊  
  
950  
00:36:12,420 --> 00:36:14,580  
就在这儿好，我们翻过来  
  
951  
00:36:16,130 --> 00:36:17,570  
呃，后头还说一个概念啊  
  
952  
00:36:17,570 --> 00:36:20,490  
就是凑理，凑理这个概念大了啊  
  
953  
00:36:20,730 --> 00:36:22,130  
这概念大了，特别有意思  
  
954  
00:36:23,290 --> 00:36:24,690  
呃，他说这么一事  
  
955  
00:36:26,060 --> 00:36:26,980  
凑理是什么呢  
  
956  
00:36:27,300 --> 00:36:29,140  
这个这个它是俩词对吧  
  
957  
00:36:29,140 --> 00:36:32,860  
一个凑一个礼凑呢是三焦通惠元真之术  
  
958  
00:36:33,020 --> 00:36:34,540  
这还是我说的那个概念啊  
  
959  
00:36:38,160 --> 00:36:40,080  
但是我在这补充一下  
  
960  
00:36:40,080 --> 00:36:42,800  
元贞可不只是在三焦之中走  
  
961  
00:36:42,960 --> 00:36:44,080  
他为啥用三焦说  
  
962  
00:36:44,080 --> 00:36:45,080  
因为三焦是孤府  
  
963  
00:36:45,080 --> 00:36:45,880  
是无形之府  
  
964  
00:36:46,200 --> 00:36:48,070  
无处不到，无处不到  
  
965  
00:36:48,070 --> 00:36:49,230  
你到不了他都能到  
  
966  
00:36:49,790 --> 00:36:50,830  
就那么个地方啊  
  
967  
00:36:51,150 --> 00:36:53,630  
都能走，那么所以元真走哪儿圆  
  
968  
00:36:53,630 --> 00:36:56,100  
真不走血管，元贞也不走  
  
969  
00:36:56,100 --> 00:36:57,780  
不走皮，不走脉  
  
970  
00:36:57,780 --> 00:36:58,220  
不走肉  
  
971  
00:36:58,220 --> 00:36:58,660  
不走筋  
  
972  
00:36:58,660 --> 00:36:59,100  
不走骨  
  
973  
00:37:00,060 --> 00:37:00,660  
不走肝  
  
974  
00:37:01,500 --> 00:37:05,930  
不走心脏走三焦，为啥心脏到的地方都有限  
  
975  
00:37:06,610 --> 00:37:07,650  
那你说心主血脉  
  
976  
00:37:07,650 --> 00:37:10,580  
那血脉有的地方他都走不到，对吧  
  
977  
00:37:11,220 --> 00:37:12,860  
但是三焦都能走到啊  
  
978  
00:37:13,060 --> 00:37:15,140  
甚至是牙齿，头发  
  
979  
00:37:15,140 --> 00:37:16,220  
咱就说这种道理啊  
  
980  
00:37:16,420 --> 00:37:17,700  
都在三焦之中啊  
  
981  
00:37:17,700 --> 00:37:18,420  
都能走到  
  
982  
00:37:20,660 --> 00:37:21,500  
礼者是什么呢  
  
983  
00:37:21,900 --> 00:37:25,660  
皮肤脏腑之本理，那很多人一看之后觉得啊三焦重要  
  
984  
00:37:26,180 --> 00:37:28,180  
那个凑重要理不重要对吧  
  
985  
00:37:28,530 --> 00:37:31,490  
不是同学们，我跟你们说个非常直观的事  
  
986  
00:37:31,490 --> 00:37:34,010  
你看，比如手伸出来什么叫纹理  
  
987  
00:37:35,090 --> 00:37:37,450  
你看这个这一道道馅儿了吧  
  
988  
00:37:38,650 --> 00:37:40,050  
鸡肉是不是有线条啊  
  
989  
00:37:41,040 --> 00:37:43,080  
你扎针灸的同学你就你就能明白  
  
990  
00:37:43,080 --> 00:37:44,240  
其实找穴位特别好找  
  
991  
00:37:45,120 --> 00:37:46,680  
你沿着那个肉往下一推  
  
992  
00:37:47,150 --> 00:37:48,990  
有那个肉和筋的那个缝  
  
993  
00:37:48,990 --> 00:37:50,190  
有凹陷的地方，对吧  
  
994  
00:37:50,430 --> 00:37:51,270  
那个就是穴位  
  
995  
00:37:51,470 --> 00:37:53,510  
那有时候老师我照穴位图图找  
  
996  
00:37:53,510 --> 00:37:54,660  
找不到，不对  
  
997  
00:37:55,020 --> 00:37:57,180  
穴位图谱只是一个比喻  
  
998  
00:37:57,420 --> 00:37:59,020  
在古代是没有这些东西的  
  
999  
00:37:59,300 --> 00:38:05,170  
从北宋王维一开始才有了同仁输学这个这个制药  
  
1000  
00:38:05,250 --> 00:38:05,570  
对吧  
  
1001  
00:38:05,570 --> 00:38:08,970  
同仁同仁针灸途途经才有了这个啊  
  
1002  
00:38:09,130 --> 00:38:13,320  
就是给你规范化人的穴位，我在这一说啊  
  
1003  
00:38:13,320 --> 00:38:17,730  
可能又有点这个这个那个啥你，你反正理解吧  
  
1004  
00:38:18,010 --> 00:38:22,330  
人的穴位，它的每一天他的位置都会有非常微妙的变化  
  
1005  
00:38:22,490 --> 00:38:22,930  
为什么  
  
1006  
00:38:22,930 --> 00:38:24,050  
因为人是活的  
  
1007  
00:38:25,210 --> 00:38:27,650  
就像是你的肚子的大小每天都在变  
  
1008  
00:38:28,930 --> 00:38:30,450  
这个够直观了吧，对吧  
  
1009  
00:38:30,940 --> 00:38:31,140  
哎  
  
1010  
00:38:31,180 --> 00:38:34,700  
吃饭之前吃饭之后最明显，那么人也是啊  
  
1011  
00:38:34,940 --> 00:38:37,860  
气血之充盈，那么穴位我找穴位咋找  
  
1012  
00:38:38,140 --> 00:38:40,040  
大概那个点，往下一搭  
  
1013  
00:38:40,720 --> 00:38:41,640  
就这个地方啊  
  
1014  
00:38:41,680 --> 00:38:43,560  
他的皮肤跟周围是不一样的  
  
1015  
00:38:43,760 --> 00:38:44,960  
或者你一摸，哎  
  
1016  
00:38:44,960 --> 00:38:46,960  
它这位置它它自己就陷下去了  
  
1017  
00:38:47,590 --> 00:38:48,790  
你这时候扎针的时候  
  
1018  
00:38:48,790 --> 00:38:50,990  
针由于像那一根针直接下去  
  
1019  
00:38:51,310 --> 00:38:52,750  
如通沟之状啊  
  
1020  
00:38:52,750 --> 00:38:54,430  
这非常有意思呃  
  
1021  
00:38:56,470 --> 00:38:58,310  
他的扎的那个那个效果啊  
  
1022  
00:38:58,310 --> 00:39:00,630  
它它不在于多啊  
  
1023  
00:39:00,630 --> 00:39:01,190  
不在于多  
  
1024  
00:39:02,190 --> 00:39:04,450  
呃，我现在用针用的少了啊  
  
1025  
00:39:04,450 --> 00:39:06,240  
就一年扎不了两回，呃  
  
1026  
00:39:06,240 --> 00:39:08,520  
去年夏天的时候，我一好朋友啊  
  
1027  
00:39:08,520 --> 00:39:11,880  
在北京他也是呃，我非常敬佩的一大夫  
  
1028  
00:39:11,880 --> 00:39:13,160  
我俩在屋呆着，没事  
  
1029  
00:39:13,160 --> 00:39:15,220  
我说我给你扎一针吧，最好  
  
1030  
00:39:15,380 --> 00:39:18,380  
呃，正好那那段时间身体还真是有点有点小样  
  
1031  
00:39:18,380 --> 00:39:19,940  
患者太多了啊，呃  
  
1032  
00:39:20,100 --> 00:39:21,940  
我们这行人其实身体都一般啊  
  
1033  
00:39:22,060 --> 00:39:23,470  
包括我在内，呃  
  
1034  
00:39:23,710 --> 00:39:24,430  
太累啊  
  
1035  
00:39:25,190 --> 00:39:27,070  
吃饭也没点之后哎  
  
1036  
00:39:27,430 --> 00:39:28,350  
我俩聊着天，诶  
  
1037  
00:39:28,910 --> 00:39:31,470  
这个这个公孙穴来了一阵，哎  
  
1038  
00:39:31,470 --> 00:39:32,790  
回头之后给我发短信  
  
1039  
00:39:32,790 --> 00:39:34,070  
呵说，你这真行啊  
  
1040  
00:39:34,950 --> 00:39:37,870  
我回来这一路一一路啊到家里头一直在发汗  
  
1041  
00:39:39,190 --> 00:39:39,990  
一直在发案  
  
1042  
00:39:40,030 --> 00:39:41,710  
发了一下午之后啊  
  
1043  
00:39:42,160 --> 00:39:44,880  
之前有一挺困扰的一个顽疾啊  
  
1044  
00:39:45,040 --> 00:39:45,920  
也不是什么大病啊  
  
1045  
00:39:45,920 --> 00:39:48,280  
就就就挺闹心的事，豁然而去  
  
1046  
00:39:49,080 --> 00:39:50,240  
为什么治病啊  
  
1047  
00:39:50,240 --> 00:39:51,440  
你就要找他的道路  
  
1048  
00:39:51,640 --> 00:39:52,480  
穴位是什么  
  
1049  
00:39:52,800 --> 00:39:53,360  
穴位者  
  
1050  
00:39:53,480 --> 00:39:55,520  
神气之所由，请出入之地也  
  
1051  
00:39:56,280 --> 00:39:59,080  
那么我们这个藏族也是一个道理  
  
1052  
00:39:59,320 --> 00:40:01,240  
那么这个纹理它说的是什么  
  
1053  
00:40:01,240 --> 00:40:01,680  
同学们  
  
1054  
00:40:02,160 --> 00:40:03,520  
那么我们这是可见的  
  
1055  
00:40:04,140 --> 00:40:05,740  
人的内脏没有纹理吗  
  
1056  
00:40:07,840 --> 00:40:08,800  
其实你细看啊  
  
1057  
00:40:08,800 --> 00:40:11,400  
就是解剖它的纹理褶皱  
  
1058  
00:40:12,490 --> 00:40:15,170  
它一定是它的气脉所运行之处  
  
1059  
00:40:15,640 --> 00:40:16,680  
他老从这走气  
  
1060  
00:40:16,680 --> 00:40:17,480  
老从这走气  
  
1061  
00:40:17,760 --> 00:40:20,160  
慢慢他就他就有有这个东西啊  
  
1062  
00:40:20,440 --> 00:40:23,240  
所以我们说经络穴位看不见，他也能看见啊  
  
1063  
00:40:23,550 --> 00:40:24,350  
他也能看见  
  
1064  
00:40:24,470 --> 00:40:28,630  
那么外头有穴位，里头他就没有精气转换藏聚之地吗  
  
1065  
00:40:29,310 --> 00:40:30,390  
他一定也是有的呀  
  
1066  
00:40:30,590 --> 00:40:32,310  
过去古人老的这个一行人  
  
1067  
00:40:32,510 --> 00:40:34,550  
比如说上海的这个黄世平先生  
  
1068  
00:40:34,860 --> 00:40:36,540  
一根金针缠在手指头上  
  
1069  
00:40:36,540 --> 00:40:39,720  
一打开一尺来长钝头的  
  
1070  
00:40:39,720 --> 00:40:40,000  
对吧  
  
1071  
00:40:40,160 --> 00:40:42,480  
给你从这个墓穴上送进去  
  
1072  
00:40:42,760 --> 00:40:43,920  
从那个穴上出来  
  
1073  
00:40:44,830 --> 00:40:45,070  
哎  
  
1074  
00:40:45,310 --> 00:40:46,550  
那这个里头，它在里头  
  
1075  
00:40:46,550 --> 00:40:47,150  
他也走啊  
  
1076  
00:40:47,790 --> 00:40:49,790  
那这个我们讲，就是就这个东西啊  
  
1077  
00:40:50,270 --> 00:40:50,590  
呃  
  
1078  
00:40:51,290 --> 00:40:52,690  
咱们跟老前辈一比啊  
  
1079  
00:40:52,690 --> 00:40:54,850  
那那咱等于就是门都没入啊  
  
1080  
00:40:54,890 --> 00:40:56,230  
门都没入啊  
  
1081  
00:40:56,230 --> 00:40:56,830  
很可惜啊  
  
1082  
00:40:56,830 --> 00:40:59,390  
有很多东西他他也在失传啊  
  
1083  
00:40:59,870 --> 00:41:01,350  
我师傅啊  
  
1084  
00:41:01,390 --> 00:41:02,270  
沈谦益先生啊  
  
1085  
00:41:02,270 --> 00:41:07,230  
他扎针灸，就是他能直接从头盖骨扎进去啊  
  
1086  
00:41:07,630 --> 00:41:11,590  
直接从这顶梁门从这给你把针送到里头去  
  
1087  
00:41:11,990 --> 00:41:14,630  
大脑长针，长针啊  
  
1088  
00:41:15,570 --> 00:41:15,770  
呃  
  
1089  
00:41:16,250 --> 00:41:18,570  
还有更吓人的呢，我都不跟你讲了  
  
1090  
00:41:19,700 --> 00:41:21,100  
我不敢试啊，哈哈哈哈  
  
1091  
00:41:21,100 --> 00:41:22,100  
我不敢试  
  
1092  
00:41:24,060 --> 00:41:24,340  
呃  
  
1093  
00:41:25,520 --> 00:41:27,240  
后头这块有一块有意思啊  
  
1094  
00:41:27,560 --> 00:41:30,360  
我们把这讲完，我们这一节课就先下课先休息  
  
1095  
00:41:31,360 --> 00:41:32,400  
呃，病人有气色  
  
1096  
00:41:32,400 --> 00:41:33,920  
陷于面部，愿闻其说  
  
1097  
00:41:35,000 --> 00:41:36,600  
字面意思非常简单啊  
  
1098  
00:41:36,600 --> 00:41:38,320  
就是鼻头什么笔头  
  
1099  
00:41:38,320 --> 00:41:39,520  
在咱前头这个准头吧  
  
1100  
00:41:39,520 --> 00:41:39,840  
对吧  
  
1101  
00:41:40,500 --> 00:41:42,980  
发现这儿啊，色青肚子疼  
  
1102  
00:41:42,980 --> 00:41:44,140  
为啥这个位置  
  
1103  
00:41:45,220 --> 00:41:46,700  
脾之部位嘛，对吧  
  
1104  
00:41:47,400 --> 00:41:48,640  
呃，色青肚子疼  
  
1105  
00:41:48,680 --> 00:41:51,560  
这个我们在各种的版本的注释  
  
1106  
00:41:51,760 --> 00:41:54,680  
包括各位老师的讲课之中全有  
  
1107  
00:41:55,750 --> 00:41:58,030  
呃，字面意思非常简单  
  
1108  
00:41:58,030 --> 00:41:58,990  
领你们走一遍吧  
  
1109  
00:41:59,430 --> 00:42:00,390  
呃，色黑的有水  
  
1110  
00:42:00,430 --> 00:42:01,830  
因为黑为水嘛，对吧  
  
1111  
00:42:02,470 --> 00:42:04,270  
轻则为痛，呃  
  
1112  
00:42:05,820 --> 00:42:07,660  
黄就是就是有胸有寒  
  
1113  
00:42:08,340 --> 00:42:10,130  
白是王雪，呃  
  
1114  
00:42:10,290 --> 00:42:12,410  
微赤飞食者死，这是真事啊  
  
1115  
00:42:12,850 --> 00:42:14,250  
那你说鼻头红的人多了  
  
1116  
00:42:15,220 --> 00:42:16,620  
糖尿病的酒糟鼻的对吧  
  
1117  
00:42:16,620 --> 00:42:20,340  
那你说看上一个，你偷偷告诉家属说料理一下吧  
  
1118  
00:42:22,300 --> 00:42:23,380  
那你就找打啊  
  
1119  
00:42:23,660 --> 00:42:26,050  
办事真能死人  
  
1120  
00:42:26,490 --> 00:42:30,450  
啥时候飞时之时不当现红色的时候啊  
  
1121  
00:42:31,260 --> 00:42:33,020  
无非深刻之中去找  
  
1122  
00:42:33,300 --> 00:42:33,780  
这个呢  
  
1123  
00:42:33,780 --> 00:42:34,740  
我不多说了啊  
  
1124  
00:42:35,140 --> 00:42:35,340  
呃  
  
1125  
00:42:35,460 --> 00:42:39,010  
以恐这个咱，咱们咱们就是危言耸听啊  
  
1126  
00:42:39,010 --> 00:42:40,730  
但是我身边就有例子  
  
1127  
00:42:40,730 --> 00:42:41,490  
真人真事啊  
  
1128  
00:42:41,970 --> 00:42:43,170  
这个我我不想多讲  
  
1129  
00:42:43,710 --> 00:42:46,230  
但是在这我要说一个书外美讲的事  
  
1130  
00:42:46,790 --> 00:42:49,470  
也是送大家第二件玩意  
  
1131  
00:42:49,470 --> 00:42:50,430  
儿啊，好玩意  
  
1132  
00:42:50,590 --> 00:42:51,110  
学医啊  
  
1133  
00:42:51,110 --> 00:42:52,550  
要当玩，玩着学  
  
1134  
00:42:52,590 --> 00:42:54,430  
你不要说学的那么苦兮兮的  
  
1135  
00:42:54,790 --> 00:42:59,100  
咱们就是玩儿怎么玩鼻头什么部位  
  
1136  
00:42:59,300 --> 00:43:00,380  
有没有聪明人  
  
1137  
00:43:03,240 --> 00:43:05,640  
五行之中你看我都提到这样了  
  
1138  
00:43:06,160 --> 00:43:09,400  
图啊好，你再重新看这段  
  
1139  
00:43:10,080 --> 00:43:11,280  
看出点什么东西没有  
  
1140  
00:43:17,740 --> 00:43:20,100  
这段我不讲啊  
  
1141  
00:43:20,140 --> 00:43:20,980  
我啥也没说  
  
1142  
00:43:21,940 --> 00:43:23,620  
聪明人自己能拿拿走  
  
1143  
00:43:23,980 --> 00:43:26,340  
不聪明我啥也不说啊  
  
1144  
00:43:27,400 --> 00:43:30,000  
再看这段色，青青代表什么  
  
1145  
00:43:31,020 --> 00:43:33,740  
木木放在皮，这怎么了  
  
1146  
00:43:36,720 --> 00:43:38,120  
腹部是谁的部位  
  
1147  
00:43:40,360 --> 00:43:43,760  
太阴之部位暗合脾土完事了，看明白了没有  
  
1148  
00:43:44,840 --> 00:43:45,920  
黑是什么色  
  
1149  
00:43:47,410 --> 00:43:51,810  
水到到哪了，土和水什么关系  
  
1150  
00:43:53,870 --> 00:43:56,070  
反过来，骑脖上拉屎了吧  
  
1151  
00:43:56,430 --> 00:43:57,190  
这叫反屋  
  
1152  
00:43:58,070 --> 00:43:59,390  
那一定是有什么东西  
  
1153  
00:44:04,220 --> 00:44:06,260  
有水水印，那肯定涨上来了  
  
1154  
00:44:07,260 --> 00:44:08,140  
那这个时候怎么办  
  
1155  
00:44:08,620 --> 00:44:09,300  
真武汤啊  
  
1156  
00:44:09,540 --> 00:44:10,100  
同学们  
  
1157  
00:44:11,420 --> 00:44:12,460  
知道咋开方了吧  
  
1158  
00:44:14,380 --> 00:44:16,860  
那脸上光有一个土吗  
  
1159  
00:44:18,480 --> 00:44:20,560  
有听懂的人了吗  
  
1160  
00:44:21,080 --> 00:44:23,240  
愚者防此这个仲景先师  
  
1161  
00:44:23,980 --> 00:44:25,700  
他搞这一个字啊，他  
  
1162  
00:44:25,700 --> 00:44:26,860  
他写着费事  
  
1163  
00:44:26,860 --> 00:44:29,900  
他没说，我在这替这个老仙师补上了  
  
1164  
00:44:29,940 --> 00:44:31,120  
斗胆，呃  
  
1165  
00:44:31,360 --> 00:44:31,920  
来的人  
  
1166  
00:44:32,040 --> 00:44:34,760  
今天你要听到这个你就得着了啊  
  
1167  
00:44:34,840 --> 00:44:38,040  
五脏各有其部位，又各有其深刻  
  
1168  
00:44:38,240 --> 00:44:39,520  
但是，呃  
  
1169  
00:44:39,680 --> 00:44:41,200  
你要笨人学不会啊  
  
1170  
00:44:41,200 --> 00:44:42,240  
就是你说，老师  
  
1171  
00:44:42,240 --> 00:44:44,200  
我这儿都红了20年了  
  
1172  
00:44:45,260 --> 00:44:46,340  
我不跟你聊啊  
  
1173  
00:44:46,940 --> 00:44:50,100  
有聪明人，我一点就透啊  
  
1174  
00:44:50,420 --> 00:44:51,100  
一点就透  
  
1175  
00:44:51,980 --> 00:44:53,020  
呃好  
  
1176  
00:44:53,140 --> 00:44:54,620  
再说一个补充啊  
  
1177  
00:44:55,710 --> 00:44:59,390  
后头又说一事目正圆者，眼睛看见了没有  
  
1178  
00:45:00,100 --> 00:45:00,300  
哎  
  
1179  
00:45:00,300 --> 00:45:01,340  
这个说不治啊  
  
1180  
00:45:01,980 --> 00:45:03,140  
后头又说一个事  
  
1181  
00:45:03,260 --> 00:45:04,660  
青为痛，黑为劳  
  
1182  
00:45:06,230 --> 00:45:07,230  
同样的道理  
  
1183  
00:45:07,470 --> 00:45:10,510  
那么眼睛为肝窍，明白这道理了吧  
  
1184  
00:45:11,580 --> 00:45:14,020  
愚者防刺啊  
  
1185  
00:45:14,260 --> 00:45:14,980  
愚者防此  
  
1186  
00:45:15,660 --> 00:45:16,180  
呃，好  
  
1187  
00:45:16,300 --> 00:45:18,940  
那我们这堂课呢，就先上到这啊  
  
1188  
00:45:19,020 --> 00:45:19,980  
休息15分钟  
  
1189  
00:45:21,650 --> 00:45:23,330  
十点哎  
  
1190  
00:45:23,610 --> 00:45:25,370  
十点之后，呃  
  
1191  
00:45:25,450 --> 00:45:26,810  
十点正式开始啊  
  
1192  
00:45:26,850 --> 00:45:27,610  
好下课